

Resultater – VTR 16.11.2025

2025-11-16

Grøn M.u.12			(2 / 2)	Tid	Efter	Tidstab
1.	Magnus Jørgensen	OK Sorø		35:48		1:22
	1:59 (1:59)	5:27 (7:26)	3:02 (10:28)		3:06 (13:34)	3:41 (17:15)
	3:01 (25:12)	2:59 (28:11)	3:19 (31:30)		1:50 (33:20)	2:28 (35:48)
2.	Alfred Meyhoff	Herlufsholm OK		52:43	+16:55	13:40
	1:47 (1:47)	5:47 (7:34)	2:24 (9:58)		2:19 (12:17)	8:41 (20:58)
	3:16 (37:31)	4:16 (41:47)	5:31 (47:18)		2:37 (49:55)	2:48 (52:43)
Hvid M.u.16			(1 / 1)	Tid	Efter	Tidstab
1.	Oskar Kjeldgaard	Holbæk OK		41:37		0:00
	1:10 (1:10)	4:42 (5:52)	8:35 (14:27)		2:39 (17:06)	3:45 (20:51)
	3:06 (28:14)	2:13 (30:27)	2:34 (33:01)		1:29 (34:30)	7:07 (41:37)
Hvid M.o.16			(5 / 5)	Tid	Efter	Tidstab
1.	Niels H Holscher	O-63		53:39		5:42
	2:32 (2:32)	7:18 (9:50)	5:39 (15:29)		5:26 (20:55)	6:42 (27:37)
	4:49 (39:30)	3:33 (43:03)	5:19 (48:22)		2:41 (51:03)	2:36 (53:39)
2.	Stig Andersen	Herlufsholm OK		57:06	+3:27	11:56
	2:26 (2:26)	7:19 (9:45)	4:56 (14:41)		7:42 (22:23)	13:39 (36:02)
	3:45 (45:03)	2:55 (47:58)	4:05 (52:03)		2:25 (54:28)	2:38 (57:06)
3.	Christian Mortensen	O-63		59:26	+5:47	11:36
	2:43 (2:43)	10:29 (13:12)	14:04 (27:16)		2:54 (30:10)	7:03 (37:13)
	3:50 (46:54)	2:58 (49:52)	5:39 (55:31)		2:07 (57:38)	1:48 (59:26)
	Svend Fladberg	Køge OK		Fejlklip		
	3:34 (3:34)	9:57 (13:31)	– (–)		– (37:59)	– (–)
	– (–)	– (–)	– (–)		– (–)	– (56:36)
	Peter Bjørn	O-63		Udgået		
	– (–)	– (–)	– (–)		– (–)	– (–)
	– (–)	– (–)	– (–)		– (–)	– (–)
Gul K.u.16			(2 / 2)	Tid	Efter	Tidstab
1.	Annika K Pedersen	Holbæk OK		55:09		2:09
	2:27 (2:27)	4:00 (6:27)	8:06 (14:33)		4:10 (18:43)	6:01 (24:44)
	3:26 (34:30)	13:01 (47:31)	6:12 (53:43)		1:26 (55:09)	6:20 (31:04)
	Freja Kjeldgaard	Holbæk OK		Fejlklip		
	10:22 (10:22)	9:46 (20:08)	5:55 (26:03)		6:41 (32:44)	– (–)
	– (–)	– (–)	– (–)		– (1:16:02)	– (–)
Grøn K.o.12			(1 / 1)	Tid	Efter	Tidstab
	Caroline Christensen	O-63		Fejlklip		
	3:00 (3:00)	8:19 (11:19)	7:23 (18:42)		3:06 (21:48)	23:03 (44:51)
	3:44 (53:58)	4:33 (58:31)	24:22 (1:22:53)		– (–)	– (1:26:50)
Hvid K.u.16			(2 / 2)	Tid	Efter	Tidstab
1.	Nina Holmboe	Køge OK		1:00:57		9:46
	2:21 (2:21)	7:56 (10:17)	8:47 (19:04)		4:21 (23:25)	8:47 (32:12)
	4:17 (43:00)	4:37 (47:37)	6:23 (54:00)		2:50 (56:50)	4:07 (1:00:57)
2.	Siri S Nielsen	Køge OK		1:01:18	+0:21	9:42
	1:45 (1:45)	5:29 (7:14)	4:05 (11:19)		10:29 (21:48)	11:30 (33:18)
	4:49 (46:57)	4:55 (51:52)	3:35 (55:27)		2:41 (58:08)	3:10 (1:01:18)
Hvid K.o.16			(2 / 2)	Tid	Efter	Tidstab
	Jytte Nielsen	Køge OK		Fejlklip		
	8:48 (8:48)	14:31 (23:19)	– (–)		– (44:57)	– (–)
	– (–)	– (–)	– (–)		– (–)	– (1:13:02)
	Lena Hansen	Herlufsholm OK		Fejlklip		
	1:15:20 (1:15:20)	– (–)	– (–)		– (–)	– (–)
	– (–)	– (–)	– (–)		– (–)	– (1:22:00)
Blå M.u.70			(3 / 3)	Tid	Efter	Tidstab
1.	Knud Madsen	OK Sorø		45:15		0:00
	1:49 (1:49)	4:02 (5:51)	4:58 (10:49)		3:35 (14:24)	4:28 (18:52)
	2:04 (27:47)	6:55 (34:42)	1:57 (36:39)		4:03 (40:42)	4:33 (45:15)
2.	Jan Sørensen	OK Sorø		1:27:49	+42:34	16:39
	2:36 (2:36)	6:50 (9:26)	6:35 (16:01)		5:21 (21:22)	9:30 (30:52)
	3:47 (44:20)	21:33 (1:05:53)	4:50 (1:10:43)		9:27 (1:20:10)	7:39 (1:27:49)
3.	Claus Mikkelsen	Herlufsholm OK		1:34:37	+49:22	12:57
	2:52 (2:52)	6:03 (8:55)	8:24 (17:19)		10:05 (27:24)	10:59 (38:23)
	4:37 (57:35)	15:16 (1:12:51)	3:49 (1:16:40)		10:16 (1:26:56)	7:41 (1:34:37)
Blå M.o.70			(16 / 16)	Tid	Efter	Tidstab
1.	Torben Hvid	O-63		53:58		10:38
	2:00 (2:00)	4:40 (6:40)	4:22 (11:02)		3:14 (14:16)	4:53 (19:09)
	2:00 (27:31)	18:28 (45:59)	1:27 (47:26)		3:04 (50:30)	3:28 (53:58)

2.	Carl Aage Hansen	O-63	55:41	+1:43	6:50		
	2:29 (2:29)	4:42 (7:11)	4:57 (12:08)	3:48 (15:56)	5:31 (21:27)	6:16 (27:43)	
	2:09 (29:52)	7:53 (37:45)	3:29 (41:14)	6:49 (48:03)	7:38 (55:41)		
3.	Finn Petersen	OK Roskilde	56:28	+2:30	8:54		
	1:41 (1:41)	3:52 (5:33)	4:32 (10:05)	3:26 (13:31)	4:37 (18:08)	15:25 (33:33)	
	1:59 (35:32)	9:14 (44:46)	1:41 (46:27)	5:48 (52:15)	4:13 (56:28)		
4.	Jørgen Jørgensen	OK Sorø	58:50	+4:52	4:10		
	2:01 (2:01)	5:03 (7:04)	5:49 (12:53)	5:04 (17:57)	6:37 (24:34)	7:42 (32:16)	
	2:32 (34:48)	9:04 (43:52)	2:14 (46:06)	6:35 (52:41)	6:09 (58:50)		
5.	Johnny Boonseren	Holbæk OK	1:02:19	+8:21	7:41		
	1:57 (1:57)	4:47 (6:44)	5:08 (11:52)	5:02 (16:54)	5:52 (22:46)	9:05 (31:51)	
	3:08 (34:59)	9:14 (44:13)	2:15 (46:28)	9:27 (55:55)	6:24 (1:02:19)		
6.	John Petersen	OK Sorø	1:04:33	+10:35	4:47		
	2:13 (2:13)	5:17 (7:30)	6:12 (13:42)	4:25 (18:07)	7:37 (25:44)	9:09 (34:53)	
	3:11 (38:04)	9:56 (48:00)	2:33 (50:33)	8:13 (58:46)	5:47 (1:04:33)		
7.	Hans C Strib	OK Roskilde	1:05:04	+11:06	7:05		
	1:48 (1:48)	6:17 (8:05)	6:21 (14:26)	8:47 (23:13)	6:31 (29:44)	6:59 (36:43)	
	2:45 (39:28)	12:02 (51:30)	2:11 (53:41)	7:30 (1:01:11)	3:53 (1:05:04)		
8.	Erik Jensen	Køge OK	1:16:01	+22:03	7:18		
	4:58 (4:58)	6:48 (11:46)	6:21 (18:07)	5:29 (23:36)	8:50 (32:26)	10:53 (43:19)	
	2:58 (46:17)	12:24 (58:41)	2:58 (1:01:39)	7:05 (1:08:44)	7:17 (1:16:01)		
9.	Frede Scheye	Herlufsholm OK	1:16:21	+22:23	13:53		
	2:25 (2:25)	12:03 (14:28)	5:36 (20:04)	5:55 (25:59)	11:11 (37:10)	9:00 (46:10)	
	3:55 (50:05)	13:13 (1:03:18)	2:23 (1:05:41)	6:22 (1:12:03)	4:18 (1:16:21)		
10.	Helmuth Hansen	Herlufsholm OK	1:18:33	+24:35	17:56		
	1:43 (1:43)	6:36 (8:19)	4:49 (13:08)	5:02 (18:10)	7:00 (25:10)	7:55 (33:05)	
	2:08 (35:13)	25:02 (1:00:15)	1:54 (1:02:09)	12:23 (1:14:32)	4:01 (1:18:33)		
11.	Preben Kristensen	OK Roskilde	1:24:14	+30:16	11:00		
	3:45 (3:45)	5:25 (9:10)	7:03 (16:13)	6:43 (22:56)	7:59 (30:55)	9:58 (40:53)	
	3:11 (44:04)	13:51 (57:55)	2:35 (1:00:30)	16:26 (1:16:56)	7:18 (1:24:14)		
12.	Ole Rasmussen	Køge OK	1:28:40	+34:42	18:45		
	7:11 (7:11)	7:49 (15:00)	7:53 (22:53)	9:36 (32:29)	7:47 (40:16)	17:51 (58:07)	
	3:19 (1:01:26)	10:34 (1:12:00)	3:17 (1:15:17)	7:05 (1:22:22)	6:18 (1:28:40)		
13.	Per Steen	Køge OK	1:29:19	+35:21	27:06		
	2:17 (2:17)	4:44 (7:01)	5:14 (12:15)	30:15 (42:30)	7:13 (49:43)	9:14 (58:57)	
	2:44 (1:01:41)	11:48 (1:13:29)	2:42 (1:16:11)	8:31 (1:24:42)	4:37 (1:29:19)		
14.	Torben Nielsen	Køge OK	1:29:31	+35:33	24:13		
	5:01 (5:01)	7:20 (12:21)	7:07 (19:28)	20:48 (40:16)	8:12 (48:28)	12:44 (1:01:12)	
	2:38 (1:03:50)	11:25 (1:15:15)	3:15 (1:18:30)	6:07 (1:24:37)	4:54 (1:29:31)		
15.	Mogens Jensen	Holbæk OK	1:57:19	+1:03:21	41:09		
	2:29 (2:29)	6:44 (9:13)	6:37 (15:50)	30:25 (46:15)	8:17 (54:32)	25:45 (1:20:17)	
	3:32 (1:23:49)	15:18 (1:39:07)	3:14 (1:42:21)	7:31 (1:49:52)	7:27 (1:57:19)		
16.	Poul Koziara	Køge OK	2:06:28	+1:12:30	25:35		
	3:39 (3:39)	10:17 (13:56)	10:45 (24:41)	24:36 (49:17)	16:18 (1:05:35)	15:52 (1:21:27)	
	4:40 (1:26:07)	17:43 (1:43:50)	4:42 (1:48:32)	8:51 (1:57:23)	9:05 (2:06:28)		

Blå K.u.70		(3 / 3)	Tid	Efter	Tidstab		
1.	Tine Meyhoff	Herlufsholm OK	50:44		0:00		
	1:58 (1:58)	4:05 (6:03)	4:43 (10:46)	3:34 (14:20)	4:43 (19:03)	7:05 (26:08)	
	2:10 (28:18)	8:51 (37:09)	1:44 (38:53)	7:02 (45:55)	4:49 (50:44)		
2.	Berit Hansen	OK Sorø	1:12:47	+22:03	5:35		
	2:42 (2:42)	6:18 (9:00)	6:39 (15:39)	5:19 (20:58)	8:47 (29:45)	9:55 (39:40)	
	3:32 (43:12)	12:43 (55:55)	3:41 (59:36)	6:53 (1:06:29)	6:18 (1:12:47)		
3.	Rita Løjmand	Herlufsholm OK	1:21:36	+30:52	13:13		
	3:18 (3:18)	6:01 (9:19)	14:24 (23:43)	7:32 (31:15)	7:28 (38:43)	9:16 (47:59)	
	4:36 (52:35)	10:41 (1:03:16)	2:58 (1:06:14)	8:25 (1:14:39)	6:57 (1:21:36)		

Blå K.o.70		(3 / 3)	Tid	Efter	Tidstab		
1.	Gerda M Christiansen	Køge OK	1:03:38		2:20		
	2:28 (2:28)	5:45 (8:13)	5:47 (14:00)	5:04 (19:04)	6:05 (25:09)	8:57 (34:06)	
	3:05 (37:11)	9:00 (46:11)	2:33 (48:44)	9:25 (58:09)	5:29 (1:03:38)		
2.	Annette Petersen	OK Roskilde	1:24:20	+20:42	8:58		
	2:55 (2:55)	6:48 (9:43)	7:32 (17:15)	6:03 (23:18)	8:05 (31:23)	16:14 (47:37)	
	3:59 (51:36)	15:16 (1:06:52)	3:15 (1:10:07)	7:19 (1:17:26)	6:54 (1:24:20)		
3.	Birgit Berner	Køge OK	1:43:46	+40:08	24:35		
	3:08 (3:08)	9:41 (12:49)	10:06 (22:55)	8:36 (31:31)	6:30 (38:01)	13:27 (51:28)	
	6:38 (58:06)	14:29 (1:12:35)	18:36 (1:31:11)	7:03 (1:38:14)	5:32 (1:43:46)		

Sort Kort M.u.60		(2 / 2)	Tid	Efter	Tidstab		
1.	Anders Kjeldgaard	Holbæk OK	1:16:54		0:00		
	8:43 (8:43)	3:49 (12:32)	3:11 (15:43)	5:56 (21:39)	4:48 (26:27)	7:35 (34:02)	
	19:56 (53:58)	6:00 (59:58)	4:06 (1:04:04)	1:40 (1:05:44)	7:42 (1:13:26)	3:28 (1:16:54)	
	Steen Fladberg	Køge OK	Udgået				
	– (–)	– (–)	– (–)	– (–)	– (–)	– (–)	
	– (–)	– (–)	– (–)	– (–)	– (–)	– (–)	

Sort Kort M.o.60		(13 / 13)	Tid	Efter	Tidstab		
1.	Peter Karberg	Herlufsholm OK	45:42		0:48		
	2:07 (2:07)	3:25 (5:32)	2:46 (8:18)	4:11 (12:29)	3:44 (16:13)	6:11 (22:24)	
	5:07 (27:31)	3:40 (31:11)	3:19 (34:30)	1:10 (35:40)	6:35 (42:15)	3:27 (45:42)	

2.	Gunnar Grue Sørensen	Køge OK	47:00	+1:18	3:13		
	2:02 (2:02)	3:14 (5:16)	3:04 (8:20)	4:12 (12:32)		4:12 (16:44)	8:35 (25:19)
	4:59 (30:18)	3:16 (33:34)	3:09 (36:43)	0:57 (37:40)		5:43 (43:23)	3:37 (47:00)
3.	Henrik Nielsen	Holbæk OK	49:00	+3:18	2:25		
	3:01 (3:01)	3:29 (6:30)	3:22 (9:52)	4:30 (14:22)		4:48 (19:10)	5:12 (24:22)
	5:28 (29:50)	3:23 (33:13)	3:29 (36:42)	1:14 (37:56)		6:25 (44:21)	4:39 (49:00)
4.	Jesper R Mortensen	Herlufsholm OK	50:31	+4:49	3:33		
	2:02 (2:02)	3:03 (5:05)	3:35 (8:40)	5:23 (14:03)		6:50 (20:53)	5:57 (26:50)
	5:28 (32:18)	3:22 (35:40)	3:39 (39:19)	1:13 (40:32)		6:30 (47:02)	3:29 (50:31)
5.	Jan Larsen	OK Sorø	58:59	+13:17	15:15		
	2:25 (2:25)	2:57 (5:22)	3:52 (9:14)	3:56 (13:10)		4:04 (17:14)	4:36 (21:50)
	12:23 (34:13)	3:06 (37:19)	2:24 (39:43)	3:57 (43:40)		11:09 (54:49)	4:10 (58:59)
6.	Karsten Reichardt	Køge OK	1:03:43	+18:01	4:28		
	3:13 (3:13)	4:27 (7:40)	5:06 (12:46)	6:16 (19:02)		5:52 (24:54)	6:56 (31:50)
	7:47 (39:37)	5:35 (45:12)	5:04 (50:16)	1:23 (51:39)		7:12 (58:51)	4:52 (1:03:43)
7.	Asger Jensen	OK Roskilde	1:05:48	+20:06	4:43		
	4:15 (4:15)	4:39 (8:54)	4:56 (13:50)	7:08 (20:58)		5:26 (26:24)	8:06 (34:30)
	6:17 (40:47)	5:33 (46:20)	4:21 (50:41)	1:58 (52:39)		8:18 (1:00:57)	4:51 (1:05:48)
8.	Tage Ebbenskov	Køge OK	1:09:36	+23:54	14:18		
	2:48 (2:48)	4:46 (7:34)	4:19 (11:53)	14:50 (26:43)		4:53 (31:36)	5:49 (37:25)
	6:24 (43:49)	3:48 (47:37)	5:09 (52:46)	1:12 (53:58)		11:16 (1:05:14)	4:22 (1:09:36)
9.	Morten Løjmand	Herlufsholm OK	1:11:25	+25:43	6:48		
	2:53 (2:53)	5:07 (8:00)	5:50 (13:50)	5:38 (19:28)		5:53 (25:21)	7:46 (33:07)
	11:42 (44:49)	6:18 (51:07)	4:08 (55:15)	1:48 (57:03)		8:57 (1:06:00)	5:25 (1:11:25)
10.	Karsten Hjorth	OK Roskilde	1:14:04	+28:22	8:09		
	3:24 (3:24)	4:43 (8:07)	4:37 (12:44)	8:03 (20:47)		7:38 (28:25)	7:35 (36:00)
	10:06 (46:06)	6:08 (52:14)	6:22 (58:36)	1:26 (1:00:02)		8:39 (1:08:41)	5:23 (1:14:04)
11.	Kim Møller	Køge OK	1:35:14	+49:32	14:05		
	4:05 (4:05)	5:38 (9:43)	5:12 (14:55)	8:40 (23:35)		7:39 (31:14)	8:46 (40:00)
	16:08 (56:08)	8:51 (1:04:59)	7:30 (1:12:29)	2:24 (1:14:53)		11:03 (1:25:56)	9:18 (1:35:14)
12.	John Tripax	OK Roskilde	1:35:31	+49:49	21:04		
	3:41 (3:41)	5:05 (8:46)	6:09 (14:55)	8:40 (23:35)		6:30 (30:05)	19:50 (49:55)
	8:01 (57:56)	15:08 (1:13:04)	5:39 (1:18:43)	1:55 (1:20:38)		9:27 (1:30:05)	5:26 (1:35:31)
	Carsten Sønderup	PI-København	Fejlklip	– (–)		– (22:45)	28:26 (51:11)
	3:12 (3:12)	4:10 (7:22)	3:55 (11:17)	1:25 (1:08:24)		14:07 (1:22:31)	6:13 (1:28:44)
	6:26 (57:37)	5:18 (1:02:55)	4:04 (1:06:59)				

Sort Kort K.u.60		(3 / 3)	Tid	Efter	Tidstab		
1.	Birgit Børsting	Herlufsholm OK	53:34		0:00		
	2:35 (2:35)	3:51 (6:26)	3:24 (9:50)	5:46 (15:36)		4:29 (20:05)	7:09 (27:14)
	5:54 (33:08)	4:00 (37:08)	3:45 (40:53)	1:12 (42:05)		7:12 (49:17)	4:17 (53:34)
2.	Helle Jønson	OK Roskilde	1:05:42	+12:08	3:19		
	3:08 (3:08)	5:20 (8:28)	4:01 (12:29)	6:00 (18:29)		5:54 (24:23)	9:11 (33:34)
	7:52 (41:26)	4:58 (46:24)	4:28 (50:52)	1:25 (52:17)		7:56 (1:00:13)	5:29 (1:05:42)
3.	Henriette Hansen	Herlufsholm OK	1:14:38	+21:04	10:20		
	2:35 (2:35)	5:42 (8:17)	3:41 (11:58)	6:34 (18:32)		7:57 (26:29)	9:50 (36:19)
	12:50 (49:09)	5:01 (54:10)	4:24 (58:34)	1:35 (1:00:09)		9:42 (1:09:51)	4:47 (1:14:38)

Sort Kort K.o.60		(3 / 3)	Tid	Efter	Tidstab		
1.	Pia Kadziola	Maribo OK	54:47		1:29		
	2:30 (2:30)	3:50 (6:20)	3:53 (10:13)	6:53 (17:06)		4:23 (21:29)	5:40 (27:09)
	7:19 (34:28)	4:02 (38:30)	3:37 (42:07)	1:12 (43:19)		6:50 (50:09)	4:38 (54:47)
2.	Lotte Ravn Lei	Køge OK	58:51	+4:04	3:11		
	2:32 (2:32)	5:10 (7:42)	4:21 (12:03)	6:57 (19:00)		5:04 (24:04)	6:58 (31:02)
	6:23 (37:25)	3:54 (41:19)	4:03 (45:22)	1:19 (46:41)		8:09 (54:50)	4:01 (58:51)
3.	Merete Andersen	Herlufsholm OK	1:47:53	+53:06	28:49		
	4:10 (4:10)	7:52 (12:02)	7:40 (19:42)	8:27 (28:09)		5:58 (34:07)	21:44 (55:51)
	17:00 (1:12:51)	5:00 (1:17:51)	4:48 (1:22:39)	1:45 (1:24:24)		17:49 (1:42:13)	5:40 (1:47:53)

Sort Mellem M		(12 / 12)	Tid	Efter	Tidstab		
1.	Carsten Gemmer	Ballerup OK	1:02:21		4:18		
	2:09 (2:09)	2:55 (5:04)	3:39 (8:43)	2:05 (10:48)		4:58 (15:46)	1:39 (17:25)
	3:21 (20:46)	4:30 (25:16)	4:42 (29:58)	1:53 (31:51)		4:02 (35:53)	3:47 (39:40)
	4:01 (43:41)	1:45 (45:26)	4:04 (49:30)	3:42 (53:12)		2:29 (55:41)	3:13 (58:54)
	3:27 (1:02:21)						
2.	Kasper Levring	OK Sorø	1:03:28	+1:07	8:01		
	3:16 (3:16)	2:24 (5:40)	8:37 (14:17)	1:31 (15:48)		5:20 (21:08)	1:28 (22:36)
	5:13 (27:49)	4:07 (31:56)	3:20 (35:16)	2:09 (37:25)		3:48 (41:13)	2:41 (43:54)
	3:31 (47:25)	1:18 (48:43)	3:31 (52:14)	4:13 (56:27)		2:18 (58:45)	2:27 (1:01:12)
	2:16 (1:03:28)						
3.	Claus Cederberg	Ballerup OK	1:04:24	+2:03	1:36		
	2:42 (2:42)	2:38 (5:20)	5:07 (10:27)	2:06 (12:33)		5:12 (17:45)	2:14 (19:59)
	3:35 (23:34)	3:34 (27:08)	4:28 (31:36)	2:14 (33:50)		4:30 (38:20)	3:28 (41:48)
	4:16 (46:04)	1:53 (47:57)	3:47 (51:44)	4:25 (56:09)		2:21 (58:30)	2:42 (1:01:12)
	3:12 (1:04:24)						
4.	Henrik P Jensen	O-63	1:14:24	+12:03	5:28		
	2:20 (2:20)	3:06 (5:26)	6:28 (11:54)	2:37 (14:31)		8:39 (23:10)	2:42 (25:52)
	4:01 (29:53)	4:18 (34:11)	4:02 (38:13)	2:53 (41:06)		5:18 (46:24)	3:21 (49:45)
	4:21 (54:06)	1:52 (55:58)	5:15 (1:01:13)	3:34 (1:04:47)		3:16 (1:08:03)	2:56 (1:10:59)
	3:25 (1:14:24)						

5.	Jan Jørgensen	OK Sorø	1:18:37	+16:16	12:27		
	2:07 (2:07)	2:42 (4:49)	4:18 (9:07)	2:59 (12:06)		6:42 (18:48)	1:47 (20:35)
	3:36 (24:11)	6:38 (30:49)	3:22 (34:11)	2:31 (36:42)		5:07 (41:49)	3:17 (45:06)
	6:36 (51:42)	1:46 (53:28)	4:42 (58:10)	3:33 (1:01:43)		5:37 (1:07:20)	8:06 (1:15:26)
	3:11 (1:18:37)						
6.	Jens Buch	Hvalsø OK	1:22:00	+19:39	10:24		
	3:22 (3:22)	3:07 (6:29)	4:55 (11:24)	4:02 (15:26)		6:16 (21:42)	2:17 (23:59)
	5:37 (29:36)	4:35 (34:11)	4:13 (38:24)	4:12 (42:36)		11:08 (53:44)	4:03 (57:47)
	5:05 (1:02:52)	2:13 (1:05:05)	4:32 (1:09:37)	3:44 (1:13:21)		2:50 (1:16:11)	2:42 (1:18:53)
	3:07 (1:22:00)						
7.	Jan Thiesen	Holbæk OK	1:22:31	+20:10	9:33		
	4:29 (4:29)	3:20 (7:49)	7:12 (15:01)	2:23 (17:24)		6:12 (23:36)	2:18 (25:54)
	4:21 (30:15)	4:40 (34:55)	3:43 (38:38)	2:14 (40:52)		11:05 (51:57)	4:14 (56:11)
	4:51 (1:01:02)	1:48 (1:02:50)	5:00 (1:07:50)	4:41 (1:12:31)		3:02 (1:15:33)	2:59 (1:18:32)
	3:59 (1:22:31)						
8.	Thorkild Franck	OK Roskilde	1:34:57	+32:36	21:13		
	3:05 (3:05)	7:03 (10:08)	6:30 (16:38)	2:45 (19:23)		8:34 (27:57)	2:19 (30:16)
	4:13 (34:29)	3:37 (38:06)	3:32 (41:38)	3:02 (44:40)		19:10 (1:03:50)	4:34 (1:08:24)
	5:55 (1:14:19)	2:50 (1:17:09)	3:37 (1:20:46)	5:21 (1:26:07)		3:00 (1:29:07)	3:08 (1:32:15)
	2:42 (1:34:57)						
9.	Mogens H Kristensen	OK Roskilde	1:44:46	+42:25	24:38		
	2:48 (2:48)	3:11 (5:59)	12:41 (18:40)	2:26 (21:06)		8:13 (29:19)	2:22 (31:41)
	4:19 (36:00)	4:58 (40:58)	4:45 (45:43)	4:24 (50:07)		20:12 (1:10:19)	6:37 (1:16:56)
	5:35 (1:22:31)	2:32 (1:25:03)	4:47 (1:29:50)	5:04 (1:34:54)		2:49 (1:37:43)	3:12 (1:40:55)
	3:51 (1:44:46)						
10.	Anders Christensen	O-63	2:06:47	+1:04:26	21:34		
	2:31 (2:31)	3:34 (6:05)	8:44 (14:49)	3:32 (18:21)		10:16 (28:37)	11:49 (40:26)
	5:18 (45:44)	8:25 (54:09)	8:58 (1:03:07)	3:37 (1:06:44)		6:49 (1:13:33)	6:19 (1:19:52)
	8:30 (1:28:22)	3:00 (1:31:22)	6:43 (1:38:05)	6:17 (1:44:22)		5:17 (1:49:39)	11:54 (2:01:33)
	5:14 (2:06:47)						
	Just Petersson	Herlufsholm OK	Fejlklip				
	4:50 (4:50)	4:57 (9:47)	14:26 (24:13)	15:12 (39:25)		8:42 (48:07)	5:53 (54:00)
	4:39 (58:39)	5:25 (1:04:04)	5:14 (1:09:18)	3:38 (1:12:56)		– (–)	– (–)
	– (–)	– (–)	– (–)	– (–)		– (–)	– (1:34:17)
	7:05 (1:41:22)						
	Jørgen Krogh	OK Roskilde	Fejlklip				
	2:32 (2:32)	3:17 (5:49)	4:31 (10:20)	2:45 (13:05)		5:22 (18:27)	15:12 (33:39)
	5:11 (38:50)	3:59 (42:49)	5:16 (48:05)	2:56 (51:01)		4:46 (55:47)	– (–)
	– (1:02:13)	1:32 (1:03:45)	4:09 (1:07:54)	3:29 (1:11:23)		2:23 (1:13:46)	2:39 (1:16:25)
	2:36 (1:19:01)						

Sort Mellem K

		(7 / 7)	Tid	Efter	Tidstab		
1.	Rita Breum	PI-København	1:21:00		9:49		
	2:33 (2:33)	5:54 (5:16)		3:02 (14:12)		5:39 (19:51)	2:40 (22:31)
	4:12 (26:43)	6:30 (33:13)		4:23 (41:22)		11:00 (52:22)	4:43 (57:05)
	4:10 (1:01:15)	2:18 (1:03:33)		4:17 (1:12:33)		2:41 (1:15:14)	2:39 (1:17:53)
	3:07 (1:21:00)						
2.	Annette Bonde	Holbæk OK	1:23:54	+2:54	5:38		
	4:12 (4:12)	3:25 (7:37)		3:13 (15:54)		7:39 (23:33)	2:34 (26:07)
	4:24 (30:31)	4:52 (35:23)		2:39 (44:42)		5:58 (50:40)	4:27 (55:07)
	5:08 (1:00:15)	2:16 (1:02:31)		4:48 (1:12:46)		3:29 (1:16:15)	4:11 (1:20:26)
	3:28 (1:23:54)						
3.	Malene Lykke	Køge OK	1:29:04	+8:04	11:46		
	2:36 (2:36)	4:11 (6:47)		2:40 (15:00)		6:49 (21:49)	2:47 (24:36)
	4:11 (28:47)	7:05 (35:52)		2:41 (44:01)		5:13 (49:14)	3:56 (53:10)
	5:11 (58:21)	2:25 (1:00:46)		7:18 (1:13:20)		3:17 (1:16:37)	7:48 (1:24:25)
	4:39 (1:29:04)						
4.	Diana Cederberg	Ballerup OK	1:31:10	+10:10	4:48		
	3:10 (3:10)	4:23 (7:33)		3:05 (15:56)		7:20 (23:16)	2:58 (26:14)
	5:32 (31:46)	5:35 (37:21)		3:02 (46:41)		6:23 (53:04)	4:57 (58:01)
	5:59 (1:04:00)	2:16 (1:06:16)		5:15 (1:16:37)		6:48 (1:23:25)	3:54 (1:27:19)
	3:51 (1:31:10)						
5.	Anette K Larsen	Holbæk OK	1:37:45	+16:45	13:21		
	5:36 (5:36)	3:44 (9:20)		5:43 (20:44)		12:19 (33:03)	2:22 (35:25)
	5:43 (41:08)	4:43 (45:51)		3:45 (54:12)		6:14 (1:00:26)	5:05 (1:05:31)
	5:40 (1:11:11)	2:42 (1:13:53)		5:42 (1:24:30)		3:34 (1:28:04)	4:55 (1:32:59)
	4:46 (1:37:45)						
6.	Pia Valdau	Holbæk OK	1:52:40	+31:40	18:55		
	7:16 (7:16)	4:51 (12:07)		4:04 (21:52)		8:07 (29:59)	2:58 (32:57)
	5:14 (38:11)	6:00 (44:11)		3:47 (1:00:33)		9:15 (1:09:48)	5:05 (1:14:53)
	6:26 (1:21:19)	2:59 (1:24:18)		5:44 (1:35:51)		9:44 (1:45:35)	3:21 (1:48:56)
	3:44 (1:52:40)						
7.	Merete Kleist	OK Sorø	1:55:43	+34:43	16:52		
	4:28 (4:28)	3:50 (8:18)		3:35 (21:16)		7:53 (29:09)	7:12 (36:21)
	4:33 (40:54)	7:11 (48:05)		4:23 (1:04:10)		6:30 (1:10:40)	5:45 (1:16:25)
	6:53 (1:23:18)	2:20 (1:25:38)		6:29 (1:39:02)		3:43 (1:42:45)	8:44 (1:51:29)
	4:14 (1:55:43)						

Sort Lang M

		(4 / 4)	Tid	Efter	Tidstab		
1.	Hjalte Hvid	O-63	1:00:50		4:43		

	6:15 (6:15)	1:40 (7:55)	2:02 (9:57)	2:41 (12:38)	2:34 (15:12)	2:55 (18:07)
	3:50 (21:57)	1:54 (23:51)	1:50 (25:41)	3:53 (29:34)	2:32 (32:06)	2:23 (34:29)
	3:40 (38:09)	2:05 (40:14)	2:13 (42:27)	2:50 (45:17)	2:51 (48:08)	2:07 (50:15)
	2:51 (53:06)	3:44 (56:50)	2:51 (59:41)	1:09 (1:00:50)		
2.	Peter Hansen	OK Sorø	1:15:51	+15:01	2:30	
	1:31 (1:31)	2:09 (3:40)	2:13 (5:53)	3:24 (9:17)	3:40 (12:57)	4:00 (16:57)
	4:43 (21:40)	2:49 (24:29)	2:19 (26:48)	4:43 (31:31)	3:26 (34:57)	3:03 (38:00)
	6:15 (44:15)	3:18 (47:33)	2:59 (50:32)	3:57 (54:29)	4:34 (59:03)	3:02 (1:02:05)
	3:45 (1:05:50)	4:43 (1:10:33)	3:33 (1:14:06)	1:45 (1:15:51)		
3.	Karsten B Andersen	Køge OK	1:23:16	+22:26	8:14	
	2:18 (2:18)	2:44 (5:02)	3:15 (8:17)	3:21 (11:38)	3:29 (15:07)	4:51 (19:58)
	6:50 (26:48)	2:24 (29:12)	2:04 (31:16)	4:33 (35:49)	2:55 (38:44)	3:33 (42:17)
	5:52 (48:09)	7:25 (55:34)	3:07 (58:41)	3:40 (1:02:21)	3:46 (1:06:07)	3:12 (1:09:19)
	3:56 (1:13:15)	4:45 (1:18:00)	3:32 (1:21:32)	1:44 (1:23:16)		
	Morten Hass	OK Sorø	Fejlklip			
	3:03 (3:03)	3:14 (6:17)	3:16 (9:33)	4:01 (13:34)	4:18 (17:52)	4:57 (22:49)
	5:11 (28:00)	3:18 (31:18)	2:42 (34:00)	4:54 (38:54)	3:51 (42:45)	3:51 (46:36)
	– (–)	– (–)	– (–)	– (–)	– (–)	– (53:10)
	– (–)	– (59:13)	4:13 (1:03:26)	2:08 (1:05:34)		

Sort Lang K

	(1 / 1)	Tid	Efter	Tidstab		
1.	Lise Andersen	Herlufsholm OK	2:00:03	0:00		
	4:04 (4:04)	3:35 (7:39)	3:33 (11:12)	6:00 (17:12)	4:14 (21:26)	7:22 (28:48)
	7:12 (36:00)	4:43 (40:43)	5:20 (46:03)	6:25 (52:28)	8:17 (1:00:45)	5:12 (1:05:57)
	6:15 (1:12:12)	4:53 (1:17:05)	4:17 (1:21:22)	5:26 (1:26:48)	5:35 (1:32:23)	4:18 (1:36:41)
	5:59 (1:42:40)	9:52 (1:52:32)	5:34 (1:58:06)	1:57 (2:00:03)		

Gul K.o.16

	(2 / 2)	Tid	Efter	Tidstab		
1.	Nina Munkholm	Køge OK	1:06:33	2:33		
	5:05 (5:05)	6:43 (11:48)	4:28 (16:16)	8:38 (24:54)	8:27 (33:21)	8:00 (41:21)
	4:12 (45:33)	11:23 (56:56)	7:45 (1:04:41)	1:52 (1:06:33)		
2.	Jeanette Bjerborg	Køge OK	1:41:17	+34:44	20:37	
	6:36 (6:36)	10:13 (16:49)	8:27 (25:16)	8:25 (33:41)	14:13 (47:54)	14:34 (1:02:28)
	7:21 (1:09:49)	8:45 (1:18:34)	18:48 (1:37:22)	3:55 (1:41:17)		