

Resultater – VTR-løb Fredsskoven 12/11-23

2023-11-12

Grøn D		(2 / 2)	Tid	Efter
1.	Viktoria Argjahøvda	OK Sorø	24:39	
	0:58 (0:58)	3:32 (4:30)	0:57 (5:27)	3:11 (8:38)
	3:29 (15:49)	3:33 (19:22)	2:27 (21:49)	2:37 (24:26)
				3:42 (12:20)
				0:13 (24:39)
2.	Inge K. Kristoffersen	Ballerup	56:04	+31:25
	3:52 (3:52)	7:15 (11:07)	3:05 (14:12)	7:54 (22:06)
	8:20 (36:10)	8:02 (44:12)	5:23 (49:35)	5:44 (27:50)
				0:47 (56:04)
Grøn H		(2 / 2)	Tid	Efter
1.	Magnus Jørgensen	OK Sorø	30:49	
	2:08 (2:08)	3:02 (5:10)	1:28 (6:38)	3:47 (10:25)
	4:34 (18:01)	4:47 (22:48)	3:50 (26:38)	3:46 (30:24)
				0:25 (30:49)
2.	Otto Baun Gautier	OK Sorø	38:28	+7:39
	1:39 (1:39)	4:07 (5:46)	2:03 (7:49)	6:24 (14:13)
	5:14 (22:41)	5:54 (28:35)	5:17 (33:52)	4:19 (38:11)
				0:17 (38:28)
Hvid D		(7 / 7)	Tid	Efter
1.	Vigga Petersen	Holbæk OK	22:46	
	0:55 (0:55)	2:05 (3:00)	1:00 (4:00)	2:46 (6:46)
	2:42 (11:21)	2:20 (13:41)	1:48 (15:29)	1:35 (17:04)
	3:43 (22:33)	0:13 (22:46)		1:53 (8:39)
				1:46 (18:50)
2.	Ingrid Baun Gautier	OK Sorø	33:38	+10:52
	1:33 (1:33)	3:45 (5:18)	1:24 (6:42)	3:38 (10:20)
	3:19 (16:43)	4:22 (21:05)	3:04 (24:09)	2:08 (26:17)
	4:35 (33:11)	0:27 (33:38)		3:04 (13:24)
				2:19 (28:36)
3.	Charlotte Stahl	Køge OK	38:20	+15:34
	1:25 (1:25)	2:23 (3:48)	1:14 (5:02)	3:21 (8:23)
	4:04 (14:32)	3:56 (18:28)	2:03 (20:31)	9:04 (29:35)
	3:41 (37:57)	0:23 (38:20)		2:05 (10:28)
				4:41 (34:16)
4.	Isabella Stahl	Køge OK	40:17	+17:31
	1:08 (1:08)	4:31 (5:39)	1:14 (6:53)	3:19 (10:12)
	4:07 (16:29)	3:48 (20:17)	2:28 (22:45)	8:46 (31:31)
	6:05 (39:45)	0:32 (40:17)		2:10 (12:22)
				2:09 (33:40)
5.	Liv Sharpe á Argjahøvda	OK Sorø	41:42	+18:56
	1:18 (1:18)	2:55 (4:13)	1:00 (5:13)	3:31 (8:44)
	17:51 (28:31)	2:49 (31:20)	2:14 (33:34)	1:31 (35:05)
	3:18 (41:26)	0:16 (41:42)		1:56 (10:40)
				3:03 (38:08)
6.	Lena Hansen	Herlufsholm OK	50:59	+28:13
	2:22 (2:22)	4:56 (7:18)	1:47 (9:05)	8:00 (17:05)
	5:36 (25:49)	6:55 (32:44)	4:31 (37:15)	3:03 (40:18)
	6:10 (50:03)	0:56 (50:59)		3:08 (20:13)
				3:35 (43:53)
7.	Naja Hansen	Holbæk OK	55:16	+32:30
	2:06 (2:06)	4:39 (6:45)	2:54 (9:39)	7:21 (17:00)
	6:53 (27:50)	6:32 (34:22)	4:58 (39:20)	3:33 (42:53)
	8:21 (54:50)	0:26 (55:16)		3:57 (20:57)
				3:36 (46:29)
Hvid H		(3 / 3)	Tid	Efter
1.	Viktor Jørgensen	Holbæk OK	26:27	
	0:45 (0:45)	2:15 (3:00)	1:00 (4:00)	3:26 (7:26)
	4:48 (14:07)	2:48 (16:55)	1:47 (18:42)	1:21 (20:03)
	3:41 (26:12)	0:15 (26:27)		1:53 (9:19)
				2:28 (22:31)
2.	Stig Christensen	Holbæk OK	33:59	+7:32
	4:05 (4:05)	3:10 (7:15)	1:31 (8:46)	3:38 (12:24)
	3:30 (18:22)	3:02 (21:24)	2:20 (23:44)	1:48 (25:32)
	5:11 (33:27)	0:32 (33:59)		2:28 (14:52)
				2:44 (28:16)
3.	Christian Hansen	Holbæk OK	55:32	+29:05
	2:06 (2:06)	5:03 (7:09)	2:50 (9:59)	6:54 (16:53)
	6:05 (27:27)	6:41 (34:08)	4:50 (38:58)	3:43 (42:41)
	8:32 (54:55)	0:37 (55:32)		4:29 (21:22)
				3:42 (46:23)
Gul D		(5 / 5)	Tid	Efter
	Malene Lysgaard-Hansen	Holbæk OK	Fejlklip	
	4:41 (4:41)	6:54 (11:35)	15:33 (27:08)	4:53 (32:01)
	3:14 (41:52)	5:38 (47:30)	18:11 (1:05:41)	– (–)
	– (–)	– (–)	– (–)	– (–)
	– (–)	– (1:12:37)		– (–)

Silje Nymoen Karlsen	OK Sorø		Fejlklip	
2:56 (2:56)	5:20 (8:16)	4:38 (12:54)	2:30 (15:24)	3:23 (18:47)
1:48 (20:35)	3:06 (23:41)	7:32 (31:13)	3:40 (34:53)	4:49 (39:42)
4:13 (43:55)	– (–)	– (50:11)	2:46 (52:57)	4:18 (57:15)
2:44 (59:59)	0:18 (1:00:17)			

Susan Laugaard Hansen	Køge OK		Fejlklip	
4:56 (4:56)	5:48 (10:44)	15:32 (26:16)	3:51 (30:07)	6:42 (36:49)
2:49 (39:38)	4:21 (43:59)	14:49 (58:48)	3:43 (1:02:31)	– (–)
– (–)	– (–)	– (–)	– (–)	– (–)
– (1:13:31)	0:37 (1:14:08)			

Jeanette Bjerborg	Køge OK		Udgået	
4:08 (4:08)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)			

Laura Staun	Køge OK		Udgået	
5:14 (5:14)	15:52 (21:06)	7:05 (28:11)	5:55 (34:06)	9:41 (43:47)
2:00 (45:47)	4:36 (50:23)	19:43 (1:10:06)	3:44 (1:13:50)	13:47 (1:27:37)
8:05 (1:35:42)	6:42 (1:42:24)	– (–)	– (–)	– (–)
– (–)	– (–)			

Blå D**(4 / 4)**

1. Amalie Snedker Mosbæk	Holbæk OK		Tid	Efter
2:42 (2:42)	2:24 (5:06)	4:18 (9:24)	51:48	4:47 (14:11)
7:31 (25:43)	2:09 (27:52)	5:00 (32:52)		5:48 (38:40)
2:44 (44:05)	3:53 (47:58)	3:22 (51:20)		0:28 (51:48)
2. Maiken Andersen	Ballerup		55:31	+3:43
2:28 (2:28)	1:54 (4:22)	4:01 (8:23)		5:10 (13:33)
8:13 (24:47)	2:16 (27:03)	6:35 (33:38)		7:21 (40:59)
2:49 (46:09)	5:20 (51:29)	3:36 (55:05)		0:26 (55:31)
3. Berit Ahlmann	OK Sorø		1:03:43	+11:55
3:12 (3:12)	2:51 (6:03)	4:54 (10:57)		5:18 (16:15)
9:01 (29:30)	3:42 (33:12)	6:38 (39:50)		7:01 (46:51)
4:02 (53:51)	5:22 (59:13)	3:54 (1:03:07)		0:36 (1:03:43)
Anne Frandsen	OK Sorø		Udgået	
3:11 (3:11)	3:10 (6:21)	4:49 (11:10)		5:01 (16:11)
12:13 (32:42)	3:02 (35:44)	– (–)		– (–)
– (–)	– (–)	– (–)		– (–)

Blå H**(1 / 1)**

Lars Carstensen	Køge OK		Tid	Efter
3:01 (3:01)	1:34 (4:35)	3:45 (8:20)	Fejlklip	4:41 (13:01)
– (–)	– (–)	– (34:25)		4:58 (39:23)
3:55 (45:19)	– (–)	– (49:11)		0:30 (49:41)

Blå D O.60**(6 / 6)**

1. Gerda Marie Christiansen	Køge OK		Tid	Efter
2:23 (2:23)	1:51 (4:14)	3:14 (7:28)	39:25	3:23 (10:51)
4:34 (18:11)	2:07 (20:18)	4:25 (24:43)		3:38 (28:21)
2:13 (32:55)	3:22 (36:17)	2:49 (39:06)		0:19 (39:25)
2. Birgit Berner	Køge OK		51:12	+11:47
2:36 (2:36)	2:07 (4:43)	4:06 (8:49)		5:14 (14:03)
6:17 (23:42)	2:23 (26:05)	5:36 (31:41)		6:23 (38:04)
2:41 (43:20)	4:07 (47:27)	3:21 (50:48)		0:24 (51:12)
3. Annette Petersen	OK Roskilde		1:00:33	+21:08
5:34 (5:34)	2:16 (7:50)	3:49 (11:39)		4:33 (16:12)
11:11 (30:47)	2:19 (33:06)	5:11 (38:17)		5:26 (43:43)
3:29 (50:22)	4:54 (55:16)	4:54 (1:00:10)		0:23 (1:00:33)
4. Hanne Pedersen	OK Roskilde		1:03:49	+24:24
2:41 (2:41)	2:41 (5:22)	4:13 (9:35)		4:31 (14:06)
14:25 (32:20)	2:39 (34:59)	6:52 (41:51)		6:18 (48:09)
3:25 (54:43)	4:49 (59:32)	3:46 (1:03:18)		0:31 (1:03:49)
5. Rita Løjmand	Herlufsholm OK		1:07:22	+27:57
2:46 (2:46)	2:12 (4:58)	4:12 (9:10)		6:15 (15:25)
16:51 (35:19)	2:49 (38:08)	6:20 (44:28)		7:04 (51:32)
2:31 (56:31)	4:54 (1:01:25)	5:39 (1:07:04)		0:18 (1:07:22)
6. Birgitte Andersen	OK Sorø		1:10:52	+31:27
6:29 (6:29)	2:50 (9:19)	4:19 (13:38)		5:08 (18:46)
10:56 (33:20)	3:15 (36:35)	6:17 (42:52)		6:51 (49:43)
4:03 (58:12)	5:59 (1:04:11)	6:12 (1:10:23)		0:29 (1:10:52)

Blå H O.60		(15 / 15)		Tid	Efter
1.	Finn Petersen	OK Roskilde		38:19	
	2:01 (2:01)	1:34 (3:35)	2:41 (6:16)		3:13 (9:29) 2:37 (12:06)
	4:48 (16:54)	2:06 (19:00)	4:32 (23:32)		4:10 (27:42) 1:50 (29:32)
	2:31 (32:03)	3:03 (35:06)	2:56 (38:02)		0:17 (38:19)
2.	Claus Skovsø Petersen	Hvalsø OK		40:11	+1:52
	2:11 (2:11)	2:00 (4:11)	3:15 (7:26)		3:27 (10:53) 3:06 (13:59)
	5:05 (19:04)	2:09 (21:13)	4:24 (25:37)		3:42 (29:19) 2:19 (31:38)
	2:23 (34:01)	3:12 (37:13)	2:40 (39:53)		0:18 (40:11)
3.	John Pedersen	OK Sorø		45:41	+7:22
	1:54 (1:54)	1:47 (3:41)	3:13 (6:54)		4:13 (11:07) 2:57 (14:04)
	6:45 (20:49)	3:41 (24:30)	4:02 (28:32)		4:24 (32:56) 2:10 (35:06)
	2:51 (37:57)	4:00 (41:57)	3:22 (45:19)		0:22 (45:41)
4.	Jørgen Jørgensen	OK Sorø		47:01	+8:42
	2:15 (2:15)	2:21 (4:36)	3:38 (8:14)		4:31 (12:45) 3:10 (15:55)
	6:20 (22:15)	1:50 (24:05)	5:10 (29:15)		5:03 (34:18) 2:32 (36:50)
	2:37 (39:27)	3:56 (43:23)	3:14 (46:37)		0:24 (47:01)
5.	Johnny Hansen Boonserm	Holbæk OK		48:45	+10:26
	3:31 (3:31)	2:00 (5:31)	4:01 (9:32)		4:42 (14:14) 3:27 (17:41)
	9:17 (26:58)	2:03 (29:01)	4:17 (33:18)		4:07 (37:25) 2:15 (39:40)
	2:12 (41:52)	3:20 (45:12)	3:09 (48:21)		0:24 (48:45)
6.	Otto Kristensen	Køge OK		53:47	+15:28
	2:00 (2:00)	2:01 (4:01)	3:27 (7:28)		3:42 (11:10) 2:57 (14:07)
	5:10 (19:17)	2:05 (21:22)	4:32 (25:54)		8:52 (34:46) 2:04 (36:50)
	2:35 (39:25)	3:50 (43:15)	10:14 (53:29)		0:18 (53:47)
7.	Ole Rasmussen	Køge OK		57:50	+19:31
	5:20 (5:20)	2:20 (7:40)	3:45 (11:25)		5:27 (16:52) 3:34 (20:26)
	7:27 (27:53)	2:05 (29:58)	5:22 (35:20)		5:34 (40:54) 3:32 (44:26)
	4:00 (48:26)	4:01 (52:27)	4:49 (57:16)		0:34 (57:50)
8.	Morten Løjmand	Herlufsholm OK		58:26	+20:07
	2:43 (2:43)	2:07 (4:50)	3:30 (8:20)		4:44 (13:04) 3:15 (16:19)
	15:28 (31:47)	1:57 (33:44)	3:24 (37:08)		4:52 (42:00) 6:30 (48:30)
	2:49 (51:19)	3:25 (54:44)	3:04 (57:48)		0:38 (58:26)
9.	Henning Jeppesen	Køge OK		58:54	+20:35
	2:31 (2:31)	1:47 (4:18)	3:48 (8:06)		4:41 (12:47) 2:05 (14:52)
	9:38 (24:30)	8:19 (32:49)	3:20 (36:09)		3:40 (39:49) 4:26 (44:15)
	2:39 (46:54)	9:03 (55:57)	2:40 (58:37)		0:17 (58:54)
10.	Erik Løvgren Jensen	Køge OK		1:05:25	+27:06
	3:05 (3:05)	2:15 (5:20)	8:13 (13:33)		6:08 (19:41) 6:09 (25:50)
	6:24 (32:14)	2:13 (34:27)	4:36 (39:03)		10:47 (49:50) 2:36 (52:26)
	3:12 (55:38)	4:22 (1:00:00)	5:04 (1:05:04)		0:21 (1:05:25)
11.	Poul R. Koziara	Køge OK		1:10:01	+31:42
	4:56 (4:56)	3:06 (8:02)	4:41 (12:43)		5:19 (18:02) 4:11 (22:13)
	9:46 (31:59)	3:27 (35:26)	6:04 (41:30)		7:07 (48:37) 4:14 (52:51)
	4:03 (56:54)	6:00 (1:02:54)	6:40 (1:09:34)		0:27 (1:10:01)
12.	Claus Mikkelsen	Herlufsholm OK		1:22:50	+44:31
	2:57 (2:57)	2:31 (5:28)	4:22 (9:50)		22:17 (32:07) 4:14 (36:21)
	12:33 (48:54)	3:33 (52:27)	6:42 (59:09)		6:15 (1:05:24) 3:10 (1:08:34)
	3:52 (1:12:26)	5:30 (1:17:56)	4:18 (1:22:14)		0:36 (1:22:50)
13.	Svend Fladberg	Køge OK		1:30:39	+52:20
	5:11 (5:11)	2:54 (8:05)	5:52 (13:57)		10:40 (24:37) 4:55 (29:32)
	30:13 (59:45)	2:34 (1:02:19)	6:47 (1:09:06)		6:28 (1:15:34) 2:44 (1:18:18)
	3:00 (1:21:18)	4:04 (1:25:22)	4:36 (1:29:58)		0:41 (1:30:39)
	Jan Bigler	Herlufsholm OK		Fejlkli	
	3:09 (3:09)	2:44 (5:53)	4:43 (10:36)		7:22 (17:58) 4:32 (22:30)
	– (–)	– (37:13)	21:21 (58:34)		7:32 (1:06:06) 4:37 (1:10:43)
	3:55 (1:14:38)	6:18 (1:20:56)	5:16 (1:26:12)		0:53 (1:27:05)
	Jens Petersen	Herlufsholm OK		Fejlkli	
	3:45 (3:45)	2:31 (6:16)	4:36 (10:52)		4:16 (15:08) 3:30 (18:38)
	7:38 (26:16)	2:48 (29:04)	– (–)		– (37:45) 2:42 (40:27)
	3:39 (44:06)	5:13 (49:19)	4:54 (54:13)		0:25 (54:38)

Sort Kort D		(8 / 8)		Tid	Efter
1.	Henriette Baun Gautier	OK Sorø		35:52	
	2:10 (2:10)	2:13 (4:23)	2:02 (6:25)		2:05 (8:30) 1:05 (9:35)
	2:16 (11:51)	2:02 (13:53)	3:08 (17:01)		4:16 (21:17) 1:17 (22:34)
	2:59 (25:33)	2:51 (28:24)	1:43 (30:07)		1:30 (31:37) 1:53 (33:30)
	2:08 (35:38)	0:14 (35:52)			

2.	Birgit Børsting	Herlufsholm OK	44:07	+8:15	
	3:33 (3:33)	2:42 (6:15)	2:41 (8:56)	2:22 (11:18)	1:15 (12:33)
	2:36 (15:09)	3:08 (18:17)	3:13 (21:30)	5:00 (26:30)	1:25 (27:55)
	3:20 (31:15)	3:23 (34:38)	2:04 (36:42)	2:32 (39:14)	2:09 (41:23)
	2:28 (43:51)	0:16 (44:07)			
3.	Pernille Buchwald	Holbæk OK	48:01	+12:09	
	2:31 (2:31)	2:12 (4:43)	2:21 (7:04)	6:25 (13:29)	1:10 (14:39)
	3:08 (17:47)	3:20 (21:07)	3:54 (25:01)	5:07 (30:08)	1:34 (31:42)
	4:20 (36:02)	3:27 (39:29)	2:20 (41:49)	1:33 (43:22)	1:58 (45:20)
	2:22 (47:42)	0:19 (48:01)			
4.	Henriette Hansen	Herlufsholm OK	59:57	+24:05	
	3:05 (3:05)	2:47 (5:52)	2:37 (8:29)	3:39 (12:08)	2:04 (14:12)
	2:42 (16:54)	3:03 (19:57)	4:25 (24:22)	6:10 (30:32)	1:43 (32:15)
	4:56 (37:11)	3:25 (40:36)	10:56 (51:32)	2:20 (53:52)	2:53 (56:45)
	2:54 (59:39)	0:18 (59:57)			
5.	Maja Maria Zwolinska	OK Sorø	1:08:13	+32:21	
	3:20 (3:20)	3:08 (6:28)	5:42 (12:10)	8:18 (20:28)	2:37 (23:05)
	3:41 (26:46)	8:01 (34:47)	4:21 (39:08)	6:02 (45:10)	1:33 (46:43)
	4:30 (51:13)	4:10 (55:23)	3:19 (58:42)	3:17 (1:01:59)	2:59 (1:04:58)
	2:53 (1:07:51)	0:22 (1:08:13)			
6.	Camille Friis Scheby	OK Sorø	1:10:20	+34:28	
	3:25 (3:25)	3:02 (6:27)	3:48 (10:15)	12:33 (22:48)	1:35 (24:23)
	3:26 (27:49)	2:56 (30:45)	4:43 (35:28)	7:48 (43:16)	4:26 (47:42)
	5:12 (52:54)	4:09 (57:03)	3:45 (1:00:48)	2:48 (1:03:36)	3:32 (1:07:08)
	2:56 (1:10:04)	0:16 (1:10:20)			
7.	Tine Friis Scheby	OK Sorø	1:10:22	+34:30	
	3:27 (3:27)	3:00 (6:27)	3:48 (10:15)	12:34 (22:49)	1:41 (24:30)
	3:22 (27:52)	2:54 (30:46)	4:27 (35:13)	8:03 (43:16)	4:27 (47:43)
	5:17 (53:00)	4:03 (57:03)	3:44 (1:00:47)	2:50 (1:03:37)	3:31 (1:07:08)
	2:57 (1:10:05)	0:17 (1:10:22)			
	Charlotte Günther Madsen	Holbæk OK	Fejlklip		
	10:41 (10:41)	2:29 (13:10)	4:09 (17:19)	– (–)	– (20:26)
	2:44 (23:10)	4:52 (28:02)	4:11 (32:13)	5:40 (37:53)	1:11 (39:04)
	3:46 (42:50)	3:31 (46:21)	2:37 (48:58)	1:38 (50:36)	1:54 (52:30)
	2:13 (54:43)	0:17 (55:00)			

Sort Kort H**(11 / 11)****Tid****Efter**

1.	André Didier Gautier	OK Sorø	31:22		
	1:43 (1:43)	1:53 (3:36)	1:48 (5:24)	1:50 (7:14)	1:00 (8:14)
	2:03 (10:17)	2:05 (12:22)	3:22 (15:44)	3:14 (18:58)	1:03 (20:01)
	2:34 (22:35)	2:29 (25:04)	1:37 (26:41)	1:16 (27:57)	1:25 (29:22)
	1:46 (31:08)	0:14 (31:22)			
2.	Henrik Plenge Jensen	O-63/Maribo	36:15	+4:53	
	2:04 (2:04)	2:09 (4:13)	1:53 (6:06)	2:03 (8:09)	1:01 (9:10)
	2:18 (11:28)	1:45 (13:13)	3:18 (16:31)	3:56 (20:27)	2:44 (23:11)
	2:44 (25:55)	2:54 (28:49)	1:55 (30:44)	1:19 (32:03)	2:05 (34:08)
	1:53 (36:01)	0:14 (36:15)			
3.	Mads Vndegaad	FIF Hillerød Orientering	38:53	+7:31	
	1:54 (1:54)	2:08 (4:02)	2:03 (6:05)	1:58 (8:03)	1:04 (9:07)
	2:11 (11:18)	1:40 (12:58)	3:46 (16:44)	4:05 (20:49)	1:34 (22:23)
	5:17 (27:40)	3:16 (30:56)	1:53 (32:49)	1:53 (34:42)	1:42 (36:24)
	2:13 (38:37)	0:16 (38:53)			
4.	Mikael Scheby	OK Sorø	41:28	+10:06	
	2:39 (2:39)	2:14 (4:53)	2:56 (7:49)	2:07 (9:56)	1:08 (11:04)
	2:41 (13:45)	2:10 (15:55)	3:10 (19:05)	4:29 (23:34)	2:04 (25:38)
	3:14 (28:52)	3:13 (32:05)	2:26 (34:31)	2:20 (36:51)	1:55 (38:46)
	2:27 (41:13)	0:15 (41:28)			
5.	Brian Stahl	Køge OK	43:21	+11:59	
	1:34 (1:34)	2:06 (3:40)	2:16 (5:56)	2:58 (8:54)	1:07 (10:01)
	2:55 (12:56)	3:10 (16:06)	3:15 (19:21)	4:37 (23:58)	1:32 (25:30)
	2:35 (28:05)	2:45 (30:50)	6:50 (37:40)	1:05 (38:45)	1:46 (40:31)
	2:37 (43:08)	0:13 (43:21)			
6.	Jonathan Skovsø Andersen	Hvalsø OK	50:23	+19:01	
	2:46 (2:46)	2:42 (5:28)	3:13 (8:41)	3:31 (12:12)	1:22 (13:34)
	3:09 (16:43)	2:36 (19:19)	4:39 (23:58)	5:47 (29:45)	1:46 (31:31)
	4:21 (35:52)	4:14 (40:06)	2:29 (42:35)	2:08 (44:43)	2:17 (47:00)
	3:06 (50:06)	0:17 (50:23)			
7.	Anders Christensen	O-63	50:51	+19:29	
	2:16 (2:16)	2:24 (4:40)	2:30 (7:10)	3:04 (10:14)	1:18 (11:32)
	3:56 (15:28)	3:38 (19:06)	4:05 (23:11)	6:02 (29:13)	2:46 (31:59)
	4:29 (36:28)	4:01 (40:29)	2:11 (42:40)	2:40 (45:20)	2:13 (47:33)
	2:59 (50:32)	0:19 (50:51)			

8.	Viorel Miclea	OK Sorø	52:13	+20:51	
	6:26 (6:26)	2:21 (8:47)	2:39 (11:26)	2:29 (13:55)	1:10 (15:05)
	2:36 (17:41)	3:37 (21:18)	4:11 (25:29)	5:39 (31:08)	1:57 (33:05)
	4:18 (37:23)	3:30 (40:53)	3:08 (44:01)	2:07 (46:08)	3:17 (49:25)
	2:27 (51:52)	0:21 (52:13)			
9.	Liam Argjahøvda	OK Sorø	57:34	+26:12	
	2:00 (2:00)	2:43 (4:43)	3:23 (8:06)	2:56 (11:02)	1:26 (12:28)
	4:11 (16:39)	3:42 (20:21)	7:04 (27:25)	7:56 (35:21)	2:34 (37:55)
	4:03 (41:58)	4:19 (46:17)	2:37 (48:54)	2:17 (51:11)	3:04 (54:15)
	3:02 (57:17)	0:17 (57:34)			
10.	Anton Lauritzen	Holbæk OK	1:01:29	+30:07	
	2:55 (2:55)	4:03 (6:58)	3:37 (10:35)	3:21 (13:56)	1:58 (15:54)
	3:37 (19:31)	2:22 (21:53)	5:26 (27:19)	6:18 (33:37)	4:41 (38:18)
	4:54 (43:12)	4:37 (47:49)	2:43 (50:32)	2:34 (53:06)	2:39 (55:45)
	5:24 (1:01:09)	0:20 (1:01:29)			
	Søren Staun	Køge OK	Fejlkli		
	2:22 (2:22)	2:30 (4:52)	3:15 (8:07)	4:42 (12:49)	1:05 (13:54)
	2:52 (16:46)	3:26 (20:12)	10:21 (30:33)	6:14 (36:47)	7:28 (44:15)
	3:27 (47:42)	4:13 (51:55)	3:09 (55:04)	2:07 (57:11)	3:57 (1:01:08)
	– (–)	– (1:04:26)			

Sort Kort D O.60**(3 / 3)****Tid****Efter**

1.	Annette Bonde	Holbæk OK	44:50		
	3:03 (3:03)	2:45 (5:48)	2:23 (8:11)	2:39 (10:50)	1:16 (12:06)
	2:57 (15:03)	2:52 (17:55)	4:04 (21:59)	5:09 (27:08)	1:31 (28:39)
	3:20 (31:59)	3:22 (35:21)	2:03 (37:24)	1:53 (39:17)	2:17 (41:34)
	2:58 (44:32)	0:18 (44:50)			
2.	Rita Breum	PI-København	46:15	+1:25	
	3:41 (3:41)	2:06 (5:47)	3:18 (9:05)	2:25 (11:30)	2:19 (13:49)
	4:38 (18:27)	2:37 (21:04)	3:12 (24:16)	5:08 (29:24)	1:37 (31:01)
	3:03 (34:04)	3:02 (37:06)	3:14 (40:20)	1:40 (42:00)	1:54 (43:54)
	2:05 (45:59)	0:16 (46:15)			
3.	Pia Kadziola	Maribo OK	49:56	+5:06	
	2:44 (2:44)	2:47 (5:31)	3:13 (8:44)	3:54 (12:38)	1:12 (13:50)
	3:12 (17:02)	3:08 (20:10)	4:02 (24:12)	5:47 (29:59)	2:12 (32:11)
	4:00 (36:11)	3:42 (39:53)	2:35 (42:28)	1:55 (44:23)	2:43 (47:06)
	2:33 (49:39)	0:17 (49:56)			

Sort Kort H O.60**(12 / 12)****Tid****Efter**

1.	Gregers Jørgensen	Holbæk OK	39:32		
	1:59 (1:59)	2:02 (4:01)	2:49 (6:50)	2:06 (8:56)	1:04 (10:00)
	2:16 (12:16)	2:54 (15:10)	3:46 (18:56)	4:08 (23:04)	1:07 (24:11)
	2:44 (26:55)	3:10 (30:05)	1:58 (32:03)	2:17 (34:20)	2:33 (36:53)
	2:25 (39:18)	0:14 (39:32)			
2.	Thorkil Hansen	PI-København	40:55	+1:23	
	2:14 (2:14)	2:27 (4:41)	2:11 (6:52)	2:45 (9:37)	1:12 (10:49)
	2:37 (13:26)	3:18 (16:44)	3:44 (20:28)	4:50 (25:18)	1:57 (27:15)
	2:54 (30:09)	2:44 (32:53)	1:54 (34:47)	1:56 (36:43)	1:49 (38:32)
	2:09 (40:41)	0:14 (40:55)			
3.	John Knudsen	O-63	43:31	+3:59	
	1:57 (1:57)	2:16 (4:13)	2:14 (6:27)	2:57 (9:24)	1:00 (10:24)
	2:27 (12:51)	1:52 (14:43)	3:39 (18:22)	3:54 (22:16)	1:34 (23:50)
	4:18 (28:08)	5:08 (33:16)	2:05 (35:21)	2:47 (38:08)	2:17 (40:25)
	2:47 (43:12)	0:19 (43:31)			
4.	Morten Jensen	OK Roskilde	44:12	+4:40	
	3:23 (3:23)	2:40 (6:03)	2:24 (8:27)	2:31 (10:58)	1:13 (12:11)
	3:13 (15:24)	3:25 (18:49)	3:45 (22:34)	4:52 (27:26)	1:21 (28:47)
	3:00 (31:47)	3:11 (34:58)	2:40 (37:38)	2:20 (39:58)	1:44 (41:42)
	2:13 (43:55)	0:17 (44:12)			
5.	Helmuth Hansen	Herlufsholm OK	55:23	+15:51	
	2:25 (2:25)	2:32 (4:57)	2:35 (7:32)	9:20 (16:52)	1:24 (18:16)
	3:08 (21:24)	3:26 (24:50)	4:13 (29:03)	8:19 (37:22)	1:26 (38:48)
	3:17 (42:05)	3:44 (45:49)	2:29 (48:18)	1:52 (50:10)	2:21 (52:31)
	2:29 (55:00)	0:23 (55:23)			
6.	Niels Aabye	Ballerup	56:28	+16:56	
	3:05 (3:05)	3:06 (6:11)	3:15 (9:26)	2:56 (12:22)	1:31 (13:53)
	3:22 (17:15)	4:38 (21:53)	4:54 (26:47)	6:53 (33:40)	2:23 (36:03)
	4:55 (40:58)	4:36 (45:34)	2:30 (48:04)	2:42 (50:46)	2:19 (53:05)
	3:00 (56:05)	0:23 (56:28)			

7.	Per Steen	Køge OK	58:56	+19:24	
	2:52 (2:52)	3:15 (6:07)	3:18 (9:25)	3:47 (13:12)	1:46 (14:58)
	2:59 (17:57)	2:27 (20:24)	6:52 (27:16)	5:29 (32:45)	1:42 (34:27)
	3:52 (38:19)	3:55 (42:14)	7:51 (50:05)	2:21 (52:26)	2:48 (55:14)
	3:24 (58:38)	0:18 (58:56)			
8.	Jan Kristoffersen	Ballerup	1:09:44	+30:12	
	2:28 (2:28)	3:03 (5:31)	5:33 (11:04)	3:09 (14:13)	1:27 (15:40)
	3:35 (19:15)	4:34 (23:49)	6:21 (30:10)	11:16 (41:26)	4:03 (45:29)
	5:54 (51:23)	5:52 (57:15)	2:59 (1:00:14)	2:20 (1:02:34)	3:06 (1:05:40)
	3:42 (1:09:22)	0:22 (1:09:44)			
9.	Henrik Johansen	Køge OK	1:14:01	+34:29	
	2:45 (2:45)	4:26 (7:11)	3:22 (10:33)	3:11 (13:44)	4:57 (18:41)
	3:22 (22:03)	7:49 (29:52)	5:53 (35:45)	13:26 (49:11)	1:47 (50:58)
	5:04 (56:02)	4:33 (1:00:35)	3:00 (1:03:35)	2:57 (1:06:32)	3:34 (1:10:06)
	3:36 (1:13:42)	0:19 (1:14:01)			
10.	Anders Bang	Køge OK	1:17:31	+37:59	
	3:39 (3:39)	3:09 (6:48)	5:38 (12:26)	11:31 (23:57)	1:37 (25:34)
	3:49 (29:23)	5:34 (34:57)	9:02 (43:59)	7:42 (51:41)	3:06 (54:47)
	5:33 (1:00:20)	4:54 (1:05:14)	4:15 (1:09:29)	2:10 (1:11:39)	2:34 (1:14:13)
	2:47 (1:17:00)	0:31 (1:17:31)			
	Flemming Svendsen	Køge OK	Fejlklip		
	5:58 (5:58)	2:46 (8:44)	2:40 (11:24)	2:39 (14:03)	1:30 (15:33)
	14:08 (29:41)	5:17 (34:58)	3:52 (38:50)	10:58 (49:48)	1:59 (51:47)
	3:15 (55:02)	3:31 (58:33)	2:26 (1:00:59)	2:15 (1:03:14)	2:06 (1:05:20)
	– (–)	– (1:08:28)			
	Kim Møller	Køge OK	Udgået		
	5:50 (5:50)	4:24 (10:14)	4:01 (14:15)	3:56 (18:11)	2:09 (20:20)
	5:20 (25:40)	– (–)	– (–)	– (–)	– (–)
	– (–)	– (–)	– (–)	– (–)	– (–)
	– (–)	– (–)			

	Sort Mellem D	(6 / 6)	Tid	Efter	
1.	Hanne Fogh	OK Sorø	50:37		
	2:38 (2:38)	2:55 (5:33)	2:10 (7:43)	2:38 (10:21)	2:08 (12:29)
	1:49 (14:18)	3:11 (17:29)	3:09 (20:38)	1:18 (21:56)	2:43 (24:39)
	2:29 (27:08)	1:40 (28:48)	1:50 (30:38)	3:09 (33:47)	1:23 (35:10)
	1:47 (36:57)	2:10 (39:07)	2:49 (41:56)	2:58 (44:54)	3:19 (48:13)
	2:24 (50:37)				
2.	Katrine Rysgaard	OK Sorø	59:45	+9:08	
	3:26 (3:26)	2:58 (6:24)	2:44 (9:08)	2:52 (12:00)	2:23 (14:23)
	3:01 (17:24)	3:47 (21:11)	4:29 (25:40)	1:58 (27:38)	3:54 (31:32)
	3:21 (34:53)	1:43 (36:36)	2:21 (38:57)	4:01 (42:58)	1:38 (44:36)
	2:08 (46:44)	2:48 (49:32)	3:02 (52:34)	2:37 (55:11)	2:40 (57:51)
	1:54 (59:45)				
3.	Malene Løkke	Køge OK	1:03:32	+12:55	
	2:37 (2:37)	3:33 (6:10)	2:11 (8:21)	3:20 (11:41)	2:34 (14:15)
	3:26 (17:41)	3:20 (21:01)	6:37 (27:38)	1:29 (29:07)	3:19 (32:26)
	3:02 (35:28)	2:14 (37:42)	1:55 (39:37)	3:39 (43:16)	1:45 (45:01)
	1:55 (46:56)	2:49 (49:45)	3:25 (53:10)	3:34 (56:44)	4:04 (1:00:48)
	2:44 (1:03:32)				
4.	Pia Valdau	Holbæk OK	1:22:56	+32:19	
	3:16 (3:16)	3:00 (6:16)	2:32 (8:48)	11:03 (19:51)	2:53 (22:44)
	3:24 (26:08)	4:34 (30:42)	5:24 (36:06)	1:46 (37:52)	4:49 (42:41)
	3:26 (46:07)	2:31 (48:38)	2:15 (50:53)	7:24 (58:17)	2:06 (1:00:23)
	3:18 (1:03:41)	3:50 (1:07:31)	5:37 (1:13:08)	3:19 (1:16:27)	3:51 (1:20:18)
	2:38 (1:22:56)				
	Jane Sørensen	Herlufsholm OK	Fejlklip		
	3:36 (3:36)	3:22 (6:58)	2:38 (9:36)	3:11 (12:47)	3:16 (16:03)
	3:13 (19:16)	4:03 (23:19)	5:30 (28:49)	1:56 (30:45)	4:24 (35:09)
	4:24 (39:33)	2:12 (41:45)	2:17 (44:02)	4:42 (48:44)	2:19 (51:03)
	2:33 (53:36)	3:23 (56:59)	– (–)	– (1:04:00)	5:46 (1:09:46)
	3:09 (1:12:55)				
	Jette Grimstrup	Køge OK	Fejlklip		
	3:22 (3:22)	3:11 (6:33)	2:35 (9:08)	3:01 (12:09)	2:44 (14:53)
	2:07 (17:00)	4:18 (21:18)	5:24 (26:42)	1:44 (28:26)	4:43 (33:09)
	3:45 (36:54)	2:09 (39:03)	2:05 (41:08)	6:37 (47:45)	2:06 (49:51)
	3:26 (53:17)	3:11 (56:28)	– (–)	– (1:02:44)	4:30 (1:07:14)
	3:03 (1:10:17)				

Sort Mellem H		(17 / 17)	Tid	Efter	
1.	Finn Skouenborg	Holbæk OK	53:57		
	2:29 (2:29)	2:26 (4:55)	1:55 (6:50)	2:25 (9:15)	2:12 (11:27)
	2:29 (13:56)	3:15 (17:11)	4:20 (21:31)	1:30 (23:01)	3:06 (26:07)
	2:44 (28:51)	1:38 (30:29)	2:12 (32:41)	3:37 (36:18)	1:51 (38:09)
	1:45 (39:54)	2:38 (42:32)	3:19 (45:51)	2:49 (48:40)	3:06 (51:46)
	2:11 (53:57)				
2.	Niels Torm	Køge OK	55:42	+1:45	
	2:33 (2:33)	2:39 (5:12)	2:02 (7:14)	2:23 (9:37)	2:16 (11:53)
	1:46 (13:39)	3:18 (16:57)	3:58 (20:55)	1:33 (22:28)	4:16 (26:44)
	2:56 (29:40)	1:55 (31:35)	1:47 (33:22)	3:24 (36:46)	1:32 (38:18)
	1:49 (40:07)	2:14 (42:21)	4:21 (46:42)	3:27 (50:09)	3:16 (53:25)
	2:17 (55:42)				
3.	Jan Holdensgaard Jørgensen	OK Sorø	56:10	+2:13	
	2:31 (2:31)	2:28 (4:59)	2:15 (7:14)	2:58 (10:12)	2:20 (12:32)
	1:39 (14:11)	3:05 (17:16)	4:20 (21:36)	1:06 (22:42)	3:15 (25:57)
	8:15 (34:12)	1:23 (35:35)	1:28 (37:03)	3:19 (40:22)	1:32 (41:54)
	1:43 (43:37)	2:12 (45:49)	2:36 (48:25)	2:32 (50:57)	3:12 (54:09)
	2:01 (56:10)				
4.	Martin Petersen	Holbæk OK	57:39	+3:42	
	2:53 (2:53)	2:17 (5:10)	2:14 (7:24)	2:29 (9:53)	2:14 (12:07)
	2:15 (14:22)	3:14 (17:36)	7:33 (25:09)	1:08 (26:17)	2:36 (28:53)
	2:57 (31:50)	2:45 (34:35)	1:52 (36:27)	3:19 (39:46)	1:40 (41:26)
	2:06 (43:32)	3:11 (46:43)	3:06 (49:49)	2:48 (52:37)	2:51 (55:28)
	2:11 (57:39)				
5.	Kristian K. Hansen	OK Sorø	59:03	+5:06	
	2:48 (2:48)	2:44 (5:32)	2:05 (7:37)	2:35 (10:12)	2:29 (12:41)
	2:32 (15:13)	3:42 (18:55)	5:21 (24:16)	1:58 (26:14)	2:56 (29:10)
	3:06 (32:16)	1:49 (34:05)	1:50 (35:55)	4:06 (40:01)	1:36 (41:37)
	2:10 (43:47)	2:53 (46:40)	3:12 (49:52)	3:03 (52:55)	3:29 (56:24)
	2:39 (59:03)				
6.	Ethan Horesh	OK Sorø	1:00:26	+6:29	
	3:20 (3:20)	2:36 (5:56)	2:27 (8:23)	2:28 (10:51)	2:18 (13:09)
	2:47 (15:56)	3:05 (19:01)	3:49 (22:50)	1:17 (24:07)	2:54 (27:01)
	2:33 (29:34)	1:27 (31:01)	1:39 (32:40)	9:10 (41:50)	1:19 (43:09)
	1:30 (44:39)	2:17 (46:56)	3:24 (50:20)	5:34 (55:54)	2:50 (58:44)
	1:42 (1:00:26)				
7.	Jørgen Krogh	OK Roskilde	1:02:11	+8:14	
	2:52 (2:52)	3:02 (5:54)	2:08 (8:02)	3:49 (11:51)	2:19 (14:10)
	2:50 (17:00)	3:45 (20:45)	4:13 (24:58)	1:23 (26:21)	5:49 (32:10)
	2:51 (35:01)	2:44 (37:45)	1:42 (39:27)	4:03 (43:30)	1:30 (45:00)
	2:47 (47:47)	2:42 (50:29)	3:03 (53:32)	2:54 (56:26)	3:35 (1:00:01)
	2:10 (1:02:11)				
8.	Jens Chr. Buch	Hvalsø OK	1:04:35	+10:38	
	3:16 (3:16)	2:51 (6:07)	2:39 (8:46)	2:40 (11:26)	2:55 (14:21)
	2:20 (16:41)	3:33 (20:14)	8:53 (29:07)	1:16 (30:23)	3:19 (33:42)
	3:12 (36:54)	1:42 (38:36)	2:09 (40:45)	3:52 (44:37)	1:42 (46:19)
	2:04 (48:23)	3:09 (51:32)	3:34 (55:06)	3:06 (58:12)	3:26 (1:01:38)
	2:57 (1:04:35)				
9.	Carsten Mogensen	Køge OK	1:04:40	+10:43	
	2:31 (2:31)	2:26 (4:57)	3:30 (8:27)	2:44 (11:11)	2:35 (13:46)
	3:18 (17:04)	3:32 (20:36)	3:59 (24:35)	1:20 (25:55)	2:39 (28:34)
	3:05 (31:39)	2:11 (33:50)	1:44 (35:34)	6:16 (41:50)	1:39 (43:29)
	2:09 (45:38)	2:40 (48:18)	3:42 (52:00)	5:01 (57:01)	4:46 (1:01:47)
	2:53 (1:04:40)				
10.	Jan Thiesen	Holbæk OK	1:05:43	+11:46	
	2:41 (2:41)	2:50 (5:31)	2:44 (8:15)	5:16 (13:31)	2:25 (15:56)
	2:54 (18:50)	3:16 (22:06)	7:14 (29:20)	1:07 (30:27)	2:48 (33:15)
	2:48 (36:03)	2:27 (38:30)	1:52 (40:22)	4:24 (44:46)	1:34 (46:20)
	2:41 (49:01)	2:26 (51:27)	3:35 (55:02)	4:03 (59:05)	4:09 (1:03:14)
	2:29 (1:05:43)				
11.	Tom Hansen	Køge OK	1:10:52	+16:55	
	4:45 (4:45)	2:50 (7:35)	4:08 (11:43)	4:46 (16:29)	2:38 (19:07)
	4:25 (23:32)	3:43 (27:15)	5:59 (33:14)	1:58 (35:12)	3:01 (38:13)
	3:12 (41:25)	1:50 (43:15)	2:04 (45:19)	4:23 (49:42)	1:38 (51:20)
	2:19 (53:39)	3:11 (56:50)	4:39 (1:01:29)	3:38 (1:05:07)	3:23 (1:08:30)
	2:22 (1:10:52)				
12.	Rasmus Schou Christensen	OK Sorø	1:12:06	+18:09	

3:28 (3:28)	3:13 (6:41)	2:56 (9:37)	2:39 (12:16)	2:42 (14:58)
2:48 (17:46)	3:45 (21:31)	5:48 (27:19)	1:43 (29:02)	3:27 (32:29)
3:22 (35:51)	1:55 (37:46)	1:41 (39:27)	8:02 (47:29)	2:06 (49:35)
5:28 (55:03)	3:26 (58:29)	4:07 (1:02:36)	3:16 (1:05:52)	3:56 (1:09:48)
2:18 (1:12:06)				
13. Søren Klinkby	Holbæk OK		1:20:59 +27:02	
2:45 (2:45)	3:13 (5:58)	2:27 (8:25)	3:09 (11:34)	2:49 (14:23)
2:42 (17:05)	3:47 (20:52)	4:50 (25:42)	12:46 (38:28)	8:56 (47:24)
3:00 (50:24)	2:11 (52:35)	1:53 (54:28)	4:00 (58:28)	1:38 (1:00:06)
2:19 (1:02:25)	2:57 (1:05:22)	3:33 (1:08:55)	3:41 (1:12:36)	4:48 (1:17:24)
3:35 (1:20:59)				
14. Robert Grønlund			1:21:33 +27:36	
3:30 (3:30)	4:31 (8:01)	3:14 (11:15)	2:34 (13:49)	3:39 (17:28)
3:59 (21:27)	4:24 (25:51)	7:42 (33:33)	3:53 (37:26)	4:52 (42:18)
3:21 (45:39)	2:31 (48:10)	2:32 (50:42)	5:03 (55:45)	2:11 (57:56)
2:27 (1:00:23)	3:39 (1:04:02)	9:04 (1:13:06)	3:01 (1:16:07)	3:07 (1:19:14)
2:19 (1:21:33)				
15. Torben Kristensen	Herlufsholm OK		1:24:39 +30:42	
4:16 (4:16)	3:53 (8:09)	3:12 (11:21)	4:02 (15:23)	3:42 (19:05)
2:25 (21:30)	5:01 (26:31)	6:28 (32:59)	1:43 (34:42)	4:01 (38:43)
4:29 (43:12)	3:35 (46:47)	3:02 (49:49)	6:42 (56:31)	3:12 (59:43)
3:07 (1:02:50)	3:53 (1:06:43)	4:20 (1:11:03)	4:27 (1:15:30)	5:13 (1:20:43)
3:56 (1:24:39)				
Asger R Christensen	Holbæk OK		Fejlkli	
6:59 (6:59)	3:23 (10:22)	2:43 (13:05)	2:57 (16:02)	2:27 (18:29)
3:01 (21:30)	2:49 (24:19)	5:58 (30:17)	2:01 (32:18)	3:20 (35:38)
2:49 (38:27)	2:19 (40:46)	2:47 (43:33)	3:29 (47:02)	1:42 (48:44)
2:12 (50:56)	2:39 (53:35)	– (–)	– (58:11)	2:53 (1:01:04)
1:58 (1:03:02)				
Christian Schiønning	Holbæk OK		Udgået	
2:57 (2:57)	2:42 (5:39)	2:14 (7:53)	2:44 (10:37)	2:49 (13:26)
2:54 (16:20)	3:37 (19:57)	5:40 (25:37)	6:42 (32:19)	2:57 (35:16)
4:04 (39:20)	– (–)	– (–)	– (–)	– (–)
– (48:46)	– (–)	– (–)	– (–)	– (–)
– (–)				
Sort Lang D	(1 / 1)		Tid	Efter
1. Anette Kalle Larsen	Holbæk OK		1:32:33	
3:16 (3:16)	7:51 (11:07)	4:41 (15:48)	3:42 (19:30)	3:00 (22:30)
2:41 (25:11)	3:25 (28:36)	2:31 (31:07)	6:24 (37:31)	2:28 (39:59)
4:56 (44:55)	3:28 (48:23)	4:04 (52:27)	1:35 (54:02)	4:07 (58:09)
1:59 (1:00:08)	3:33 (1:03:41)	4:16 (1:07:57)	3:43 (1:11:40)	4:08 (1:15:48)
7:22 (1:23:10)	6:01 (1:29:11)	3:05 (1:32:16)	0:17 (1:32:33)	
Sort Lang H	(10 / 10)		Tid	Efter
1. Jesper Jensen	Farum OK		44:22	
1:46 (1:46)	1:30 (3:16)	1:31 (4:47)	1:32 (6:19)	1:50 (8:09)
1:47 (9:56)	2:09 (12:05)	1:36 (13:41)	2:27 (16:08)	0:51 (16:59)
2:03 (19:02)	2:01 (21:03)	2:14 (23:17)	1:02 (24:19)	3:08 (27:27)
1:07 (28:34)	1:16 (29:50)	2:23 (32:13)	1:55 (34:08)	2:39 (36:47)
3:08 (39:55)	2:54 (42:49)	1:20 (44:09)	0:13 (44:22)	
2. Janus Storland Høhne	OK Sorø		53:29 +9:07	
2:47 (2:47)	1:25 (4:12)	1:36 (5:48)	1:33 (7:21)	1:44 (9:05)
1:47 (10:52)	2:15 (13:07)	1:44 (14:51)	2:32 (17:23)	1:15 (18:38)
2:09 (20:47)	2:29 (23:16)	6:46 (30:02)	1:17 (31:19)	2:36 (33:55)
1:18 (35:13)	2:27 (37:40)	2:37 (40:17)	2:39 (42:56)	2:41 (45:37)
3:13 (48:50)	2:53 (51:43)	1:31 (53:14)	0:15 (53:29)	
3. Brian Steen Jørgensen	Holbæk OK		59:21 +14:59	
2:17 (2:17)	4:23 (6:40)	1:56 (8:36)	1:53 (10:29)	2:12 (12:41)
2:11 (14:52)	3:01 (17:53)	1:44 (19:37)	4:02 (23:39)	1:31 (25:10)
2:50 (28:00)	2:37 (30:37)	3:04 (33:41)	1:36 (35:17)	3:03 (38:20)
1:41 (40:01)	2:31 (42:32)	2:25 (44:57)	2:39 (47:36)	2:50 (50:26)
3:17 (53:43)	3:35 (57:18)	1:52 (59:10)	0:11 (59:21)	
4. Kåre Sørensen	OK Sorø		59:24 +15:02	
2:21 (2:21)	1:45 (4:06)	1:46 (5:52)	1:49 (7:41)	3:19 (11:00)
2:00 (13:00)	2:13 (15:13)	2:07 (17:20)	5:00 (22:20)	1:16 (23:36)
2:24 (26:00)	2:56 (28:56)	2:44 (31:40)	1:25 (33:05)	3:36 (36:41)
2:38 (39:19)	2:18 (41:37)	2:16 (43:53)	2:39 (46:32)	3:10 (49:42)
3:31 (53:13)	3:42 (56:55)	2:14 (59:09)	0:15 (59:24)	

5.	Allan Søgaard	OK Roskilde	1:00:36	+16:14	
	2:49 (2:49)	1:57 (4:46)	1:40 (6:26)	1:50 (8:16)	1:53 (10:09)
	1:58 (12:07)	2:01 (14:08)	2:02 (16:10)	6:24 (22:34)	2:28 (25:02)
	5:30 (30:32)	2:34 (33:06)	2:28 (35:34)	1:18 (36:52)	2:35 (39:27)
	1:13 (40:40)	1:35 (42:15)	2:09 (44:24)	2:42 (47:06)	3:01 (50:07)
	3:38 (53:45)	3:35 (57:20)	3:02 (1:00:22)	0:14 (1:00:36)	
6.	Kasper Levring	OK Sorø	1:04:06	+19:44	
	2:34 (2:34)	1:44 (4:18)	1:40 (5:58)	1:45 (7:43)	1:57 (9:40)
	2:10 (11:50)	1:54 (13:44)	2:01 (15:45)	8:49 (24:34)	1:37 (26:11)
	2:43 (28:54)	2:55 (31:49)	2:13 (34:02)	1:09 (35:11)	9:27 (44:38)
	1:03 (45:41)	2:01 (47:42)	2:31 (50:13)	2:24 (52:37)	2:36 (55:13)
	3:23 (58:36)	3:24 (1:02:00)	1:53 (1:03:53)	0:13 (1:04:06)	
7.	Jakob Søndergaard Jensen	OK Roskilde	1:06:18	+21:56	
	2:30 (2:30)	1:48 (4:18)	1:54 (6:12)	3:03 (9:15)	2:31 (11:46)
	2:30 (14:16)	2:42 (16:58)	2:01 (18:59)	3:52 (22:51)	1:31 (24:22)
	4:35 (28:57)	2:42 (31:39)	3:00 (34:39)	1:19 (35:58)	5:37 (41:35)
	1:33 (43:08)	1:48 (44:56)	2:37 (47:33)	5:49 (53:22)	3:10 (56:32)
	4:02 (1:00:34)	3:32 (1:04:06)	1:58 (1:06:04)	0:14 (1:06:18)	
8.	Peter Karberg	Herlufsholm OK	1:08:06	+23:44	
	3:20 (3:20)	2:20 (5:40)	2:01 (7:41)	2:36 (10:17)	2:34 (12:51)
	2:18 (15:09)	2:32 (17:41)	2:17 (19:58)	3:52 (23:50)	1:29 (25:19)
	3:06 (28:25)	3:20 (31:45)	3:27 (35:12)	1:31 (36:43)	3:47 (40:30)
	1:55 (42:25)	2:30 (44:55)	3:33 (48:28)	3:31 (51:59)	3:36 (55:35)
	4:15 (59:50)	6:02 (1:05:52)	2:00 (1:07:52)	0:14 (1:08:06)	
9.	Lars Sharpa a Argjahøvda	OK Sorø	1:08:25	+24:03	
	3:01 (3:01)	3:41 (6:42)	1:50 (8:32)	2:01 (10:33)	2:19 (12:52)
	2:33 (15:25)	2:57 (18:22)	2:07 (20:29)	5:36 (26:05)	1:56 (28:01)
	4:41 (32:42)	2:57 (35:39)	3:15 (38:54)	1:29 (40:23)	3:21 (43:44)
	1:32 (45:16)	1:59 (47:15)	2:55 (50:10)	3:52 (54:02)	3:34 (57:36)
	4:31 (1:02:07)	4:14 (1:06:21)	1:54 (1:08:15)	0:10 (1:08:25)	
10.	Lars Sørensen	OK Øst	1:13:29	+29:07	
	3:04 (3:04)	2:26 (5:30)	2:27 (7:57)	2:17 (10:14)	2:49 (13:03)
	2:46 (15:49)	3:24 (19:13)	2:23 (21:36)	4:07 (25:43)	1:38 (27:21)
	3:18 (30:39)	3:31 (34:10)	3:52 (38:02)	1:42 (39:44)	3:59 (43:43)
	1:57 (45:40)	2:16 (47:56)	2:56 (50:52)	3:58 (54:50)	4:22 (59:12)
	4:54 (1:04:06)	5:26 (1:09:32)	3:37 (1:13:09)	0:20 (1:13:29)	