

Resultater – VTR-løb Harrested 19/02-23

2023-02-19

| Grøn D | | (1 / 1) | | Tid | Efter |
|-------------------|---------------------------|------------------|----------------|----------------|----------------|
| 1. | Viktoria Sharpe | | OK Sorø | 33:09 | |
| | 3:11 (3:11) | 3:18 (6:29) | 7:42 (14:11) | 8:25 (25:26) | 1:14 (26:40) |
| | 2:11 (28:51) | 2:22 (31:13) | 1:56 (33:09) | | |
| Hvid D | | (1 / 1) | | Tid | Efter |
| 1. | Anni Lauritzen | | Holbæk OK | 46:42 | |
| | 2:48 (2:48) | 5:49 (8:37) | 4:41 (13:18) | 3:54 (21:00) | 4:29 (25:29) |
| | 4:29 (29:58) | 4:51 (34:49) | 4:25 (39:14) | 3:21 (46:42) | |
| Hvid H | | (2 / 2) | | Tid | Efter |
| 1. | Liam Sharpe | | OK Sorø | 27:39 | |
| | 1:27 (1:27) | 3:18 (4:45) | 2:36 (7:21) | 1:53 (11:36) | 4:28 (16:04) |
| | 2:16 (18:20) | 3:12 (21:32) | 1:38 (23:10) | 2:21 (27:39) | |
| 2. | Niels-Henrik Holscher | | O-63/Maribo | 48:00 | +20:21 |
| | 2:35 (2:35) | 4:51 (7:26) | 4:49 (12:15) | 2:44 (20:59) | 5:38 (26:37) |
| | 5:27 (32:04) | 5:12 (37:16) | 3:21 (40:37) | 2:59 (48:00) | |
| Gul D | | (2 / 2) | | Tid | Efter |
| 1. | Malene Lysgaard-Hansen | | Holbæk OK | 2:03:23 | |
| | 7:28 (7:28) | 6:01 (13:29) | 5:10 (18:39) | 9:19 (27:58) | 16:05 (44:03) |
| | 15:39 (1:01:31) | 10:12 (1:11:43) | 4:34 (1:16:17) | 8:02 (1:24:19) | 9:21 (1:33:40) |
| | 8:09 (1:50:26) | 8:17 (1:58:43) | 4:40 (2:03:23) | | 8:37 (1:42:17) |
| | Natasha Henker | | PI Mvsj | Fejlklip | |
| | 4:59 (4:59) | 3:15 (8:14) | 1:54 (10:08) | 6:14 (16:22) | 6:35 (22:57) |
| | 3:22 (27:09) | 3:10 (30:19) | 3:07 (33:26) | 23:35 (57:01) | – (–) |
| | 4:55 (1:07:35) | 4:00 (1:11:35) | 2:43 (1:14:18) | | 0:50 (23:47) |
| | | | | | – (1:02:40) |
| Blå D | | (3 / 3) | | Tid | Efter |
| 1. | Katrine Jentoft Fertin | | Holbæk OK | 51:58 | |
| | 1:26 (1:26) | 4:28 (5:54) | 3:51 (9:45) | 6:54 (16:39) | 5:15 (21:54) |
| | 4:07 (31:26) | 5:15 (36:41) | 6:45 (43:26) | 5:52 (49:18) | 2:40 (51:58) |
| 2. | Lisa Børsting | | Herlufsholm OK | 52:49 | +0:51 |
| | 2:02 (2:02) | 9:08 (11:10) | 5:11 (16:21) | 5:42 (22:03) | 4:03 (26:06) |
| | 3:31 (33:37) | 5:33 (39:10) | 6:29 (45:39) | 3:50 (49:29) | 3:20 (52:49) |
| 3. | Ilsabe Børsting | | Herlufsholm OK | 1:12:14 | +20:16 |
| | 3:04 (3:04) | 7:16 (10:20) | 6:40 (17:00) | 9:21 (26:21) | 5:32 (31:53) |
| | 8:28 (45:38) | 9:33 (55:11) | 8:40 (1:03:51) | 4:49 (1:08:40) | 3:34 (1:12:14) |
| | | | | | |
| Blå H | | (1 / 1) | | Tid | Efter |
| 1. | Claus Mikkelsen | | Herlufsholm OK | 56:38 | |
| | 2:05 (2:05) | 5:50 (7:55) | 4:06 (12:01) | 6:51 (18:52) | 6:00 (24:52) |
| | 4:58 (34:45) | 5:29 (40:14) | 7:47 (48:01) | 4:21 (52:22) | 4:16 (56:38) |
| Blå D 0.60 | | (7 / 7) | | Tid | Efter |
| 1. | Søs Munch Hansen | | OK Sorø | 34:41 | |
| | 1:13 (1:13) | 4:54 (6:07) | 2:37 (8:44) | 3:55 (12:39) | 3:08 (15:47) |
| | 2:46 (21:21) | 3:21 (24:42) | 4:43 (29:25) | 2:48 (32:13) | 2:28 (34:41) |
| 2. | Ane Veierskov | | OK Roskilde | 49:35 | +14:54 |
| | 1:36 (1:36) | 5:31 (7:07) | 3:41 (10:48) | 5:54 (16:42) | 4:46 (21:28) |
| | 4:07 (29:29) | 4:54 (34:23) | 7:11 (41:34) | 4:27 (46:01) | 3:34 (49:35) |
| 3. | Hanne Pedersen | | OK Roskilde | 55:14 | +20:33 |
| | 2:20 (2:20) | 6:24 (8:44) | 4:22 (13:06) | 6:04 (19:10) | 5:33 (24:43) |
| | 4:32 (33:37) | 5:45 (39:22) | 8:20 (47:42) | 3:36 (51:18) | 3:56 (55:14) |
| 4. | Inge Jørgensen | | OKR | 55:51 | +21:10 |
| | 1:18 (1:18) | 10:12 (11:30) | 8:12 (19:42) | 6:24 (26:06) | 3:42 (29:48) |
| | 3:29 (38:48) | 4:39 (43:27) | 6:20 (49:47) | 3:23 (53:10) | 2:41 (55:51) |
| 5. | Rita Løjmand | | Herlufsholm OK | 57:55 | +23:14 |
| | 3:19 (3:19) | 5:02 (8:21) | 5:51 (14:12) | 6:24 (20:36) | 5:40 (26:16) |
| | 4:34 (35:03) | 7:05 (42:08) | 6:58 (49:06) | 4:59 (54:05) | 3:50 (57:55) |
| 6. | Lene Hansen | | Herlufsholm OK | 1:00:14 | +25:33 |
| | 1:37 (1:37) | 5:51 (7:28) | 4:25 (11:53) | 6:04 (17:57) | 7:58 (25:55) |
| | 5:16 (35:38) | 7:31 (43:09) | 7:50 (50:59) | 4:48 (55:47) | 4:27 (1:00:14) |
| 7. | Lena Hansen | | Herlufsholm OK | 1:31:09 | +56:28 |
| | 5:18 (5:18) | 9:11 (14:29) | 12:53 (27:22) | 9:28 (36:50) | 7:29 (44:19) |
| | 6:06 (57:28) | 13:28 (1:10:56) | 9:50 (1:20:46) | 5:31 (1:26:17) | 4:52 (1:31:09) |
| Blå H O.60 | | (14 / 14) | | Tid | Efter |
| 1. | Jan Sørensen | | OK Sorø | 37:19 | |
| | 1:25 (1:25) | 3:43 (5:08) | 2:58 (8:06) | 4:52 (12:58) | 3:02 (16:00) |
| | 3:08 (22:29) | 4:06 (26:35) | 5:09 (31:44) | 3:05 (34:49) | 2:30 (37:19) |
| 2. | Jørgen Mondrup Kristensen | | OK Roskilde | 39:05 | +1:46 |
| | 1:22 (1:22) | 4:02 (5:24) | 3:08 (8:32) | 4:16 (12:48) | 3:44 (16:32) |
| | 3:22 (23:19) | 4:08 (27:27) | 5:41 (33:08) | 3:07 (36:15) | 2:50 (39:05) |

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|-----|---|------------------------------|---|---------------------------------|--|---------------|
| 3. | John Pedersen 1:16 (1:16) 3:19 (25:44) | 4:18 (5:34) 4:17 (30:01) | OK Sorø 3:11 (8:45) 6:30 (36:31) | 5:38 (14:23) 3:38 (40:09) | 42:56 +5:37 4:10 (18:33) 2:47 (42:56) | 3:52 (22:25) |
| 4. | Morten Løjmand 1:31 (1:31) 4:10 (25:59) | 4:06 (5:37) 4:23 (30:22) | Herlufsholm OK 3:04 (8:41) 6:30 (36:52) | 5:13 (13:54) 3:31 (40:23) | 43:14 +5:55 4:03 (17:57) 2:51 (43:14) | 3:52 (21:49) |
| 5. | Ole Svendsen 1:21 (1:21) 4:32 (27:27) | 4:35 (5:56) 4:29 (31:56) | OK Roskilde 3:53 (9:49) 6:41 (38:37) | 4:47 (14:36) 3:24 (42:01) | 45:11 +7:52 4:23 (18:59) 3:10 (45:11) | 3:56 (22:55) |
| 6. | Knud Madsen 1:22 (1:22) 3:47 (28:26) | 6:02 (7:24) 4:14 (32:40) | OK Sorø 3:42 (11:06) 6:15 (38:55) | 5:02 (16:08) 3:54 (42:49) | 46:30 +9:11 4:20 (20:28) 3:41 (46:30) | 4:11 (24:39) |
| 7. | Lars Olsen 2:08 (2:08) 4:36 (32:17) | 5:54 (8:02) 5:10 (37:27) | OK Roskilde 4:23 (12:25) 7:11 (44:38) | 6:05 (18:30) 4:02 (48:40) | 52:39 +15:20 4:49 (23:19) 3:59 (52:39) | 4:22 (27:41) |
| 8. | Mogens Jensen 1:46 (1:46) 9:49 (34:43) | 4:36 (6:22) 5:13 (39:56) | Holbæk OK 3:49 (10:11) 6:16 (46:12) | 5:38 (15:49) 4:34 (50:46) | 54:18 +16:59 4:22 (20:11) 3:32 (54:18) | 4:43 (24:54) |
| 9. | Stig Andersen 2:02 (2:02) 10:03 (39:20) | 5:56 (7:58) 5:25 (44:45) | Herlufsholm OK 5:05 (13:03) 9:17 (54:02) | 6:18 (19:21) 3:51 (57:53) | 1:00:39 +23:20 5:45 (25:06) 2:46 (1:00:39) | 4:11 (29:17) |
| 10. | Erik Torm 2:01 (2:01) 4:23 (35:53) | 6:45 (8:46) 9:13 (45:06) | Herlufsholm OK 4:31 (13:17) 10:16 (55:22) | 7:07 (20:24) 4:32 (59:54) | 1:04:10 +26:51 5:42 (26:06) 4:16 (1:04:10) | 5:24 (31:30) |
| 11. | Mogens Bruun 2:18 (2:18) 12:33 (45:37) | 7:53 (10:11) 7:31 (53:08) | OK Roskilde 4:25 (14:36) 8:29 (1:01:37) | 7:09 (21:45) 5:19 (1:06:56) | 1:13:18 +35:59 5:58 (27:43) 6:22 (1:13:18) | 5:21 (33:04) |
| 12. | Jan Bigler 8:52 (8:52) 8:14 (50:19) | 9:15 (18:07) 6:32 (56:51) | Herlufsholm OK 4:46 (22:53) 8:42 (1:05:33) | 6:58 (29:51) 4:56 (1:10:29) | 1:14:50 +37:31 5:51 (35:42) 4:21 (1:14:50) | 6:23 (42:05) |
| 13. | Svend Fladberg 6:05 (6:05) – (–) | 14:32 (20:37) – (1:03:14) | Køge OK 4:06 (24:43) 10:31 (1:13:45) | 10:19 (35:02) 5:20 (1:19:05) | 1:23:24 +46:05 5:44 (40:46) 4:19 (1:23:24) | 5:24 (46:10) |
| | Bent Malinovsky 2:13 (2:13) 4:59 (48:39) | 6:08 (8:21) 5:23 (54:02) | SG 4:13 (12:34) 9:09 (1:03:11) | – (–) 4:32 (1:07:43) | Fejlklip – (20:47) 4:28 (1:12:11) | 22:53 (43:40) |

Sort Kort D

| | | | (8 / 8) | | Tid | Efter | |
|----|--|---|---|------------------------------|--|--------------|------------------------------|
| 1. | Henriette Baun Gautier 1:13 (1:13) 3:13 (18:35) 3:59 (34:43) | 2:46 (3:59) 2:13 (20:48) 2:27 (37:10) | OK Sorø 2:31 (6:30) 2:32 (23:20) 2:10 (39:20) | 2:38 (9:08) 2:42 (26:02) | 39:20 3:05 (12:13) 1:34 (27:36) | | 3:09 (15:22) 3:08 (30:44) |
| 2. | Hanne Fogh 1:26 (1:26) 3:54 (21:56) 4:23 (40:56) | 3:07 (4:33) 2:39 (24:35) 2:44 (43:40) | FSK Orientering 2:52 (7:25) 2:48 (27:23) 2:22 (46:02) | 3:22 (10:47) 2:31 (29:54) | 46:02 +6:42 4:05 (14:52) 2:01 (31:55) | | 3:10 (18:02) 4:38 (36:33) |
| 3. | Birgit Børsting 1:26 (1:26) 4:28 (24:20) 4:00 (43:04) | 3:31 (4:57) 3:26 (27:46) 2:24 (45:28) | Herlufsholm OK 3:42 (8:39) 2:49 (30:35) 2:06 (47:34) | 3:50 (12:29) 2:23 (32:58) | 47:34 +8:14 3:47 (16:16) 1:44 (34:42) | | 3:36 (19:52) 4:22 (39:04) |
| 4. | Alma Okkels Jensen 1:28 (1:28) 4:30 (25:47) 4:28 (43:51) | 4:05 (5:33) 2:40 (28:27) 2:28 (46:19) | OK Sorø 3:54 (9:27) 3:08 (31:35) 2:05 (48:24) | 3:52 (13:19) 2:57 (34:32) | 48:24 +9:04 4:02 (17:21) 1:37 (36:09) | | 3:56 (21:17) 3:14 (39:23) |
| 5. | Nina Okkels 1:38 (1:38) 4:04 (24:48) 4:36 (43:58) | 4:00 (5:38) 2:36 (27:24) 2:58 (46:56) | OK Sorø 3:05 (8:43) 3:38 (31:02) 2:48 (49:44) | 3:48 (12:31) 3:01 (34:03) | 49:44 +10:24 4:49 (17:20) 1:50 (35:53) | | 3:24 (20:44) 3:29 (39:22) |
| 6. | Astrid Riis 1:29 (1:29) 9:13 (30:24) 4:44 (53:56) | 3:17 (4:46) 2:25 (32:49) 2:57 (56:53) | Holbæk OK 4:34 (9:20) 7:07 (39:56) 3:01 (59:54) | 3:17 (12:37) 2:58 (42:54) | 59:54 +20:34 4:47 (17:24) 2:09 (45:03) | | 3:47 (21:11) 4:09 (49:12) |
| 7. | Lise Ravnshøj Andersen 5:06 (5:06) 6:02 (34:35) 6:00 (1:02:42) | 3:57 (9:03) 6:30 (41:05) 3:35 (1:06:17) | Herlufsholm OK 3:55 (12:58) 4:39 (45:44) 3:05 (1:09:22) | 4:17 (17:15) 3:49 (49:33) | 1:09:22 +30:02 5:16 (22:31) 2:32 (52:05) | | 6:02 (28:33) 4:37 (56:42) |
| | Janni Fischer 7:54 (7:54) 5:43 (33:31) 5:22 (56:36) | 4:32 (12:26) 2:54 (36:25) 3:02 (59:38) | AS 3:39 (16:05) 4:33 (40:58) 3:05 (1:02:43) | 3:59 (20:04) 3:03 (44:01) | Fejlklip 4:06 (24:10) – (–) | | 3:38 (27:48) – (51:14) |

Sort Kort H

| | | | (7 / 7) | | Tid | Efter | |
|----|--|---|---|------------------------------|---------------------------------------|--------------|------------------------------|
| 1. | Jørgen Krogh 1:24 (1:24) 3:34 (23:23) 3:58 (38:03) | 3:04 (4:28) 2:02 (25:25) 2:27 (40:30) | OK Roskilde 2:54 (7:22) 2:12 (27:37) 1:40 (42:10) | 2:55 (10:17) 1:50 (29:27) | 42:10 3:14 (13:31) 1:36 (31:03) | | 6:18 (19:49) 3:02 (34:05) |

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|----|------------------|----------------|----------------|--------------|--------------|--------------|
| 2. | Lars Sharpe | | OK Sorø | 43:30 | +1:20 | |
| | 1:17 (1:17) | 2:47 (4:04) | 4:11 (8:15) | 2:52 (11:07) | 3:21 (14:28) | 4:34 (19:02) |
| | 4:38 (23:40) | 2:38 (26:18) | 2:14 (28:32) | 2:02 (30:34) | 1:48 (32:22) | 2:51 (35:13) |
| | 4:14 (39:27) | 2:17 (41:44) | 1:46 (43:30) | | | |
| 3. | Tomas Grabauskas | | Holbæk OK | 44:55 | +2:45 | |
| | 1:35 (1:35) | 3:26 (5:01) | 3:54 (8:55) | 3:36 (12:31) | 3:44 (16:15) | 3:27 (19:42) |
| | 4:58 (24:40) | 2:24 (27:04) | 2:35 (29:39) | 2:10 (31:49) | 1:36 (33:25) | 2:53 (36:18) |
| | 4:15 (40:33) | 2:34 (43:07) | 1:48 (44:55) | | | |
| 4. | Stig Møller | | OK Sorø | 46:02 | +3:52 | |
| | 1:35 (1:35) | 3:13 (4:48) | 2:55 (7:43) | 3:35 (11:18) | 3:56 (15:14) | 3:23 (18:37) |
| | 4:05 (22:42) | 2:30 (25:12) | 2:40 (27:52) | 2:55 (30:47) | 1:55 (32:42) | 3:23 (36:05) |
| | 4:53 (40:58) | 2:53 (43:51) | 2:11 (46:02) | | | |
| 5. | Morten Nissen | | O-63 | 55:59 | +13:49 | |
| | 2:09 (2:09) | 2:57 (5:06) | 4:04 (9:10) | 3:43 (12:53) | 7:26 (20:19) | 3:44 (24:03) |
| | 4:47 (28:50) | 4:07 (32:57) | 3:27 (36:24) | 2:34 (38:58) | 1:59 (40:57) | 3:50 (44:47) |
| | 5:00 (49:47) | 3:30 (53:17) | 2:42 (55:59) | | | |
| 6. | Anton Lauritzen | | Holbæk OK | 57:34 | +15:24 | |
| | 1:39 (1:39) | 4:03 (5:42) | 3:57 (9:39) | 4:15 (13:54) | 4:18 (18:12) | 4:39 (22:51) |
| | 4:47 (27:38) | 3:18 (30:56) | 3:30 (34:26) | 3:28 (37:54) | 2:15 (40:09) | 6:02 (46:11) |
| | 5:18 (51:29) | 3:38 (55:07) | 2:27 (57:34) | | | |
| 7. | Karsten Hjorth | | OK Roskilde | 1:08:44 | +26:34 | |
| | 3:25 (3:25) | 4:43 (8:08) | 4:57 (13:05) | 3:55 (17:00) | 4:50 (21:50) | 4:44 (26:34) |
| | 5:38 (32:12) | 5:57 (38:09) | 3:33 (41:42) | 3:28 (45:10) | 2:26 (47:36) | 5:37 (53:13) |
| | 6:27 (59:40) | 5:58 (1:05:38) | 3:06 (1:08:44) | | | |

Sort Kort D O.60

| | | | (1 / 1) | Tid | Efter | |
|----|-------------------------|----------------|----------------|--------------|----------------|----------------|
| 1. | Merete Ravnhøj Andersen | | Herlufsholm OK | 1:20:25 | | |
| | 2:10 (2:10) | 6:48 (8:58) | 4:56 (13:54) | 5:16 (19:10) | 7:24 (26:34) | 5:08 (31:42) |
| | 7:41 (39:23) | 4:02 (43:25) | 11:39 (55:04) | 3:30 (58:34) | 3:54 (1:02:28) | 4:52 (1:07:20) |
| | 6:16 (1:13:36) | 3:44 (1:17:20) | 3:05 (1:20:25) | | | |

Sort Kort H O.60

| | | | (15 / 15) | Tid | Efter | |
|-----|------------------------|----------------|----------------|--------------|--------------|--------------|
| 1. | Janne Brunstedt | | OK Roskilde | 38:54 | | |
| | 1:15 (1:15) | 2:41 (3:56) | 2:39 (6:35) | 2:46 (9:21) | 3:46 (13:07) | 3:04 (16:11) |
| | 3:09 (19:20) | 2:20 (21:40) | 2:33 (24:13) | 2:11 (26:24) | 1:43 (28:07) | 2:41 (30:48) |
| | 3:42 (34:30) | 2:18 (36:48) | 2:06 (38:54) | | | |
| 2. | Henrik Nielsen | | Holbæk OK | 39:19 | +0:25 | |
| | 1:08 (1:08) | 2:30 (3:38) | 3:49 (7:27) | 2:45 (10:12) | 3:18 (13:30) | 2:59 (16:29) |
| | 2:52 (19:21) | 2:10 (21:31) | 3:01 (24:32) | 2:15 (26:47) | 1:31 (28:18) | 3:14 (31:32) |
| | 4:02 (35:34) | 2:02 (37:36) | 1:43 (39:19) | | | |
| 3. | Mogens Hald Kristensen | | OK Roskilde | 46:51 | +7:57 | |
| | 1:22 (1:22) | 3:03 (4:25) | 2:31 (6:56) | 3:11 (10:07) | 3:40 (13:47) | 3:11 (16:58) |
| | 4:33 (21:31) | 5:45 (27:16) | 3:00 (30:16) | 2:45 (33:01) | 1:41 (34:42) | 3:37 (38:19) |
| | 4:01 (42:20) | 2:37 (44:57) | 1:54 (46:51) | | | |
| 4. | Frans Andersen | | Hg | 47:03 | +8:09 | |
| | 1:21 (1:21) | 3:07 (4:28) | 3:01 (7:29) | 3:25 (10:54) | 3:45 (14:39) | 3:29 (18:08) |
| | 4:08 (22:16) | 2:39 (24:55) | 3:03 (27:58) | 3:03 (31:01) | 1:56 (32:57) | 4:31 (37:28) |
| | 5:03 (42:31) | 2:30 (45:01) | 2:02 (47:03) | | | |
| 5. | Steen Fladberg | | Køge OK | 54:07 | +15:13 | |
| | 2:04 (2:04) | 4:36 (6:40) | 3:35 (10:15) | 3:14 (13:29) | 3:45 (17:14) | 3:14 (20:28) |
| | 4:04 (24:32) | 10:02 (34:34) | 3:16 (37:50) | 2:24 (40:14) | 1:40 (41:54) | 3:13 (45:07) |
| | 4:12 (49:19) | 2:27 (51:46) | 2:21 (54:07) | | | |
| 6. | Jesper R Mortensen | | Herlufsholm OK | 54:24 | +15:30 | |
| | 4:11 (4:11) | 3:08 (7:19) | 3:03 (10:22) | 3:28 (13:50) | 3:55 (17:45) | 3:44 (21:29) |
| | 5:31 (27:00) | 2:58 (29:58) | 4:28 (34:26) | 2:42 (37:08) | 2:27 (39:35) | 3:50 (43:25) |
| | 5:33 (48:58) | 2:53 (51:51) | 2:33 (54:24) | | | |
| 7. | Frede Scheye | | Herlufsholm OK | 55:42 | +16:48 | |
| | 4:30 (4:30) | 4:40 (9:10) | 3:08 (12:18) | 3:56 (16:14) | 3:57 (20:11) | 3:49 (24:00) |
| | 4:43 (28:43) | 2:51 (31:34) | 4:45 (36:19) | 2:57 (39:16) | 1:43 (40:59) | 4:27 (45:26) |
| | 5:13 (50:39) | 2:56 (53:35) | 2:07 (55:42) | | | |
| 8. | Karsten Richardt | | Køge OK | 56:59 | +18:05 | |
| | 5:22 (5:22) | 3:43 (9:05) | 3:53 (12:58) | 4:07 (17:05) | 4:40 (21:45) | 4:08 (25:53) |
| | 4:21 (30:14) | 3:34 (33:48) | 3:33 (37:21) | 2:54 (40:15) | 2:06 (42:21) | 4:09 (46:30) |
| | 4:50 (51:20) | 3:05 (54:25) | 2:34 (56:59) | | | |
| 9. | Jan Kristoffersen | | Ballerup | 1:01:22 | +22:28 | |
| | 2:03 (2:03) | 3:57 (6:00) | 4:06 (10:06) | 4:40 (14:46) | 4:58 (19:44) | 5:02 (24:46) |
| | 6:16 (31:02) | 3:51 (34:53) | 3:51 (38:44) | 3:02 (41:46) | 2:19 (44:05) | 4:07 (48:12) |
| | 6:47 (54:59) | 3:26 (58:25) | 2:57 (1:01:22) | | | |
| 10. | Asger Jensen | | OK Roskilde | 1:01:50 | +22:56 | |
| | 2:07 (2:07) | 3:56 (6:03) | 4:12 (10:15) | 4:44 (14:59) | 4:35 (19:34) | 4:09 (23:43) |
| | 5:45 (29:28) | 7:04 (36:32) | 4:44 (41:16) | 2:57 (44:13) | 2:18 (46:31) | 3:56 (50:27) |
| | 4:51 (55:18) | 3:33 (58:51) | 2:59 (1:01:50) | | | |
| 11. | Anders Bang | | Køge OK | 1:04:01 | +25:07 | |
| | 2:21 (2:21) | 4:21 (6:42) | 4:29 (11:11) | 5:08 (16:19) | 9:11 (25:30) | 3:57 (29:27) |
| | 5:54 (35:21) | 3:53 (39:14) | 3:12 (42:26) | 3:16 (45:42) | 2:47 (48:29) | 4:19 (52:48) |
| | 5:29 (58:17) | 3:20 (1:01:37) | 2:24 (1:04:01) | | | |
| 12. | Ib Larsen | | Hvalsø OK | 1:23:39 | +44:45 | |

| | | | | | |
|-----------------------|----------------|-----------------------|----------------|-----------------|----------------|
| 2:16 (2:16) | 6:13 (8:29) | 5:14 (13:43) | 12:09 (25:52) | 6:03 (31:55) | 8:24 (40:19) |
| 6:11 (46:30) | 3:48 (50:18) | 6:52 (57:10) | 3:58 (1:01:08) | 2:37 (1:03:45) | 5:29 (1:09:14) |
| 5:59 (1:15:13) | 5:14 (1:20:27) | 3:12 (1:23:39) | | | |
| Helmuth Hansen | | Herlufsholm OK | | Fejlklip | |
| 1:41 (1:41) | 3:35 (5:16) | 3:14 (8:30) | 4:08 (12:38) | 4:10 (16:48) | 4:19 (21:07) |
| – (–) | – (28:39) | 4:32 (33:11) | 2:45 (35:56) | 2:31 (38:27) | 4:22 (42:49) |
| 5:30 (48:19) | 3:24 (51:43) | 2:21 (54:04) | | | |
| Morten Jensen | | OK Roskilde | | Fejlklip | |
| 1:30 (1:30) | 3:25 (4:55) | 3:02 (7:57) | 3:18 (11:15) | 3:46 (15:01) | – (–) |
| – (–) | – (15:51) | 3:45 (19:36) | 3:15 (22:51) | 1:44 (24:35) | 3:21 (27:56) |
| 4:08 (32:04) | 2:25 (34:29) | 2:08 (36:37) | | | |
| Steen Lund | | OK Sorø | | Udgået | |
| 1:45 (1:45) | 5:10 (6:55) | 3:52 (10:47) | 6:55 (17:42) | 5:23 (23:05) | 4:38 (27:43) |
| 7:52 (35:35) | 3:28 (39:03) | 4:13 (43:16) | 3:48 (47:04) | – (–) | – (–) |
| – (–) | – (–) | – (–) | | | |

Sort Mellem D**1. Mette Filskov**

| | |
|--------------|--------------|
| 1:36 (1:36) | 1:23 (2:59) |
| 2:54 (18:31) | 5:10 (23:41) |
| 2:23 (37:33) | 3:38 (41:11) |
| 3:44 (54:17) | 2:24 (56:41) |

2. Karina Mejnborg

| | |
|--------------|----------------|
| 1:31 (1:31) | 1:21 (2:52) |
| 1:42 (16:19) | 4:40 (20:59) |
| 2:05 (34:07) | 4:23 (38:30) |
| 4:25 (59:29) | 3:19 (1:02:48) |

3. Susanne Thomsen

| | |
|----------------|----------------|
| 1:52 (1:52) | 1:23 (3:15) |
| 2:48 (18:37) | 5:30 (24:07) |
| 2:52 (44:07) | 3:56 (48:03) |
| 4:46 (1:07:22) | 3:11 (1:10:33) |

4. Pia Kadziola

| | |
|----------------|----------------|
| 2:45 (2:45) | 1:44 (4:29) |
| 3:44 (22:11) | 9:16 (31:27) |
| 3:41 (50:26) | 5:22 (55:48) |
| 5:26 (1:17:55) | 3:10 (1:21:05) |

5. Lykke Berg Mathiesen

| | |
|----------------|----------------|
| 1:55 (1:55) | 2:13 (4:08) |
| 3:09 (26:47) | 6:07 (32:54) |
| 3:37 (54:46) | 7:15 (1:02:01) |
| 6:50 (1:28:05) | 5:26 (1:33:31) |

Merete Kleist

| | |
|--------------|--------------|
| 2:17 (2:17) | 1:37 (3:54) |
| 2:48 (19:34) | 7:37 (27:11) |
| 2:26 (43:59) | 4:13 (48:12) |
| – (–) | – (1:11:57) |

(6 / 6)**OK Sorø**

| | |
|----------------|----------------|
| 2:55 (5:54) | 3:17 (9:11) |
| 1:12 (24:53) | 3:18 (28:11) |
| 2:11 (43:22) | 2:46 (46:08) |
| 3:34 (1:00:15) | 2:17 (1:02:32) |

DEN-PI-København

| | |
|----------------|----------------|
| 2:36 (5:28) | 2:58 (8:26) |
| 1:06 (22:05) | 3:20 (25:25) |
| 2:06 (40:36) | 4:04 (44:40) |
| 3:02 (1:05:50) | 2:08 (1:07:58) |

JDR1

| | |
|----------------|----------------|
| 3:05 (6:20) | 3:26 (9:46) |
| 1:44 (25:51) | 7:15 (33:06) |
| 3:52 (51:55) | 3:23 (55:18) |
| 3:36 (1:14:09) | 2:54 (1:17:03) |

Ballerup

| | |
|----------------|----------------|
| 3:20 (7:49) | 3:43 (11:32) |
| 1:48 (33:15) | 4:02 (37:17) |
| 3:29 (59:17) | 5:18 (1:04:35) |
| 3:47 (1:24:52) | 2:46 (1:27:38) |

Herlufsholm OK

| | |
|----------------|----------------|
| 4:24 (8:32) | 4:33 (13:05) |
| 2:13 (35:07) | 4:48 (39:55) |
| 3:55 (1:05:56) | 4:30 (1:10:26) |
| 5:51 (1:39:22) | 4:22 (1:43:44) |

OK Sorø

| | |
|----------------|----------------|
| 3:16 (7:10) | 3:31 (10:41) |
| 1:36 (28:47) | 4:50 (33:37) |
| 2:21 (50:33) | 4:05 (54:38) |
| 4:46 (1:16:43) | 3:05 (1:19:48) |

Tid Efter**1:02:32**

| | |
|--------------|--------------|
| 2:49 (12:00) | 3:37 (15:37) |
| 3:46 (31:57) | 3:13 (35:10) |
| 1:33 (47:41) | 2:52 (50:33) |

1:07:58 +5:26

| | |
|--------------|--------------|
| 3:43 (12:09) | 2:28 (14:37) |
| 3:31 (28:56) | 3:06 (32:02) |
| 7:17 (51:57) | 3:07 (55:04) |

1:17:03 +14:31

| | |
|--------------|----------------|
| 2:47 (12:33) | 3:16 (15:49) |
| 4:29 (37:35) | 3:40 (41:15) |
| 3:36 (58:54) | 3:42 (1:02:36) |

1:27:38 +25:06

| | |
|----------------|----------------|
| 3:12 (14:44) | 3:43 (18:27) |
| 4:36 (41:53) | 4:52 (46:45) |
| 2:45 (1:07:20) | 5:09 (1:12:29) |

1:43:44 +41:12

| | |
|----------------|----------------|
| 5:44 (18:49) | 4:49 (23:38) |
| 5:49 (45:44) | 5:25 (51:09) |
| 2:58 (1:13:24) | 7:51 (1:21:15) |

Fejlklip

| | |
|--------------|----------------|
| 2:59 (13:40) | 3:06 (16:46) |
| 4:11 (37:48) | 3:45 (41:33) |
| 2:17 (56:55) | 3:41 (1:00:36) |

Sort Mellem H**1. Kenneth Thomsen**

| | |
|--------------|--------------|
| 1:06 (1:06) | 0:59 (2:05) |
| 1:45 (12:18) | 3:39 (15:57) |
| 2:30 (27:37) | 2:50 (30:27) |
| 3:35 (43:08) | 1:52 (45:00) |

2. Martin Petersen

| | |
|--------------|--------------|
| 1:48 (1:48) | 1:34 (3:22) |
| 1:40 (13:32) | 3:42 (17:14) |
| 3:51 (30:03) | 2:50 (32:53) |
| 3:13 (44:40) | 2:05 (46:45) |

3. Kasper Levring

| | |
|--------------|--------------|
| 1:04 (1:04) | 1:28 (2:32) |
| 1:31 (13:58) | 3:19 (17:17) |
| 1:45 (28:55) | 2:42 (31:37) |
| 3:01 (47:04) | 2:01 (49:05) |

4. Jakob Søndergaard Jensen

| | |
|--------------|--------------|
| 1:22 (1:22) | 1:19 (2:41) |
| 1:46 (14:18) | 3:48 (18:06) |
| 2:28 (30:08) | 3:48 (33:56) |
| 4:25 (46:37) | 1:59 (48:36) |

5. Henrik Plenge Jensen

| | |
|--------------|--------------|
| 1:21 (1:21) | 1:22 (2:43) |
| 1:58 (15:04) | 4:02 (19:06) |
| 2:32 (32:42) | 3:07 (35:49) |
| 3:52 (48:44) | 2:14 (50:58) |

6. Jan Thiesen

| | |
|--------------|--------------|
| 1:09 (1:09) | 1:20 (2:29) |
| 2:04 (15:23) | 4:12 (19:35) |
| 2:26 (33:47) | 3:52 (37:39) |
| 5:18 (53:45) | 2:35 (56:20) |

(14 / 14)**OK Sorø**

| | |
|--------------|--------------|
| 2:06 (4:11) | 2:14 (6:25) |
| 1:01 (16:58) | 2:21 (19:19) |
| 2:07 (32:34) | 2:22 (34:56) |
| 2:43 (47:43) | 1:39 (49:22) |

Holbæk OK

| | |
|--------------|--------------|
| 1:58 (5:20) | 2:27 (7:47) |
| 0:56 (18:10) | 2:21 (20:31) |
| 1:56 (34:49) | 2:24 (37:13) |
| 2:42 (49:27) | 2:16 (51:43) |

OK Sorø

| | |
|--------------|--------------|
| 1:51 (4:23) | 2:23 (6:46) |
| 1:18 (18:35) | 2:10 (20:45) |
| 5:47 (37:24) | 2:04 (39:28) |
| 2:35 (51:40) | 1:40 (53:20) |

OK Roskilde

| | |
|--------------|--------------|
| 2:14 (4:55) | 2:32 (7:27) |
| 1:03 (19:09) | 2:35 (21:44) |
| 2:00 (35:56) | 2:14 (38:10) |
| 2:45 (51:21) | 2:23 (53:44) |

O-63/Maribo

| | |
|--------------|--------------|
| 2:30 (5:13) | 2:45 (7:58) |
| 1:19 (20:25) | 2:58 (23:23) |
| 2:00 (37:49) | 2:35 (40:24) |
| 2:52 (53:50) | 2:03 (55:53) |

Holbæk OK

| | |
|--------------|----------------|
| 2:37 (5:06) | 2:49 (7:55) |
| 1:25 (21:00) | 3:14 (24:14) |
| 2:42 (40:21) | 2:41 (43:02) |
| 3:26 (59:46) | 1:48 (1:01:34) |

Tid Efter**49:22**

| | |
|--------------|--------------|
| 1:55 (8:20) | 2:13 (10:33) |
| 2:49 (22:08) | 2:59 (25:07) |
| 2:01 (36:57) | 2:36 (39:33) |

51:43 +2:21

| | |
|--------------|--------------|
| 1:51 (9:38) | 2:14 (11:52) |
| 2:51 (23:22) | 2:50 (26:12) |
| 1:29 (38:42) | 2:45 (41:27) |

53:20 +3:58

| | |
|--------------|--------------|
| 2:25 (9:11) | 3:16 (12:27) |
| 2:31 (23:16) | 3:54 (27:10) |
| 1:24 (40:52) | 3:11 (44:03) |

53:44 +4:22

| | |
|--------------|--------------|
| 2:09 (9:36) | 2:56 (12:32) |
| 2:47 (24:31) | 3:09 (27:40) |
| 1:20 (39:30) | 2:42 (42:12) |

55:53 +6:31

| | |
|--------------|--------------|
| 2:20 (10:18) | 2:48 (13:06) |
| 3:22 (26:45) | 3:25 (30:10) |
| 1:27 (41:51) | 3:01 (44:52) |

1:01:34 +12:12

| | |
|--------------|--------------|
| 2:31 (10:26) | 2:53 (13:19) |
| 3:37 (27:51) | 3:30 (31:21) |
| 1:45 (44:47) | 3:40 (48:27) |

| | | | | | | |
|-----|--------------------------|----------------|-----------------------|----------------|-----------------------|----------------|
| 7. | Kaj Isaksen | | OK Sorø | | 1:04:28 +15:06 | |
| | 1:07 (1:07) | 1:40 (2:47) | 2:09 (4:56) | 2:49 (7:45) | 2:13 (9:58) | 2:31 (12:29) |
| | 2:06 (14:35) | 3:49 (18:24) | 2:00 (20:24) | 7:29 (27:53) | 3:17 (31:10) | 3:05 (34:15) |
| | 2:18 (36:33) | 6:22 (42:55) | 2:12 (45:07) | 2:58 (48:05) | 1:52 (49:57) | 3:07 (53:04) |
| | 4:11 (57:15) | 2:25 (59:40) | 3:07 (1:02:47) | 1:41 (1:04:28) | | |
| 8. | Jesper Kirkeskov | | Søllerød OK | | 1:06:15 +16:53 | |
| | 1:30 (1:30) | 1:33 (3:03) | 2:36 (5:39) | 3:39 (9:18) | 2:36 (11:54) | 3:26 (15:20) |
| | 2:51 (18:11) | 5:43 (23:54) | 1:22 (25:16) | 3:26 (28:42) | 4:29 (33:11) | 3:25 (36:36) |
| | 2:30 (39:06) | 3:35 (42:41) | 2:39 (45:20) | 2:55 (48:15) | 1:52 (50:07) | 3:45 (53:52) |
| | 4:14 (58:06) | 2:34 (1:00:40) | 3:27 (1:04:07) | 2:08 (1:06:15) | | |
| 9. | Brian Stahl | | Køge OK | | 1:08:35 +19:13 | |
| | 3:00 (3:00) | 1:18 (4:18) | 2:11 (6:29) | 3:00 (9:29) | 2:04 (11:33) | 8:25 (19:58) |
| | 1:37 (21:35) | 3:48 (25:23) | 3:32 (28:55) | 3:00 (31:55) | 2:36 (34:31) | 6:39 (41:10) |
| | 2:10 (43:20) | 3:08 (46:28) | 2:04 (48:32) | 2:48 (51:20) | 2:53 (54:13) | 3:06 (57:19) |
| | 3:59 (1:01:18) | 2:18 (1:03:36) | 3:09 (1:06:45) | 1:50 (1:08:35) | | |
| 10. | Michael Leth Jess | | Holbæk OK | | 1:20:34 +31:12 | |
| | 1:46 (1:46) | 1:54 (3:40) | 2:57 (6:37) | 3:06 (9:43) | 3:16 (12:59) | 3:08 (16:07) |
| | 2:28 (18:35) | 5:00 (23:35) | 1:24 (24:59) | 3:18 (28:17) | 3:50 (32:07) | 5:25 (37:32) |
| | 3:19 (40:51) | 4:07 (44:58) | 5:05 (50:03) | 4:53 (54:56) | 2:41 (57:37) | 9:12 (1:06:49) |
| | 4:31 (1:11:20) | 2:47 (1:14:07) | 4:09 (1:18:16) | 2:18 (1:20:34) | | |
| 11. | Torben Kristensen | | Herlufsholm OK | | 1:29:34 +40:12 | |
| | 2:15 (2:15) | 1:55 (4:10) | 4:01 (8:11) | 4:36 (12:47) | 3:10 (15:57) | 3:49 (19:46) |
| | 2:53 (22:39) | 6:28 (29:07) | 1:54 (31:01) | 4:21 (35:22) | 4:55 (40:17) | 5:04 (45:21) |
| | 8:23 (53:44) | 5:28 (59:12) | 3:21 (1:02:33) | 3:53 (1:06:26) | 2:34 (1:09:00) | 4:36 (1:13:36) |
| | 5:28 (1:19:04) | 3:00 (1:22:04) | 4:26 (1:26:30) | 3:04 (1:29:34) | | |
| 12. | Niels Aabye | | Ballerup | | 1:30:58 +41:36 | |
| | 5:11 (5:11) | 1:55 (7:06) | 3:48 (10:54) | 3:36 (14:30) | 3:02 (17:32) | 4:38 (22:10) |
| | 2:45 (24:55) | 7:20 (32:15) | 1:52 (34:07) | 4:55 (39:02) | 4:40 (43:42) | 4:50 (48:32) |
| | 3:04 (51:36) | 5:15 (56:51) | 3:36 (1:00:27) | 5:24 (1:05:51) | 3:17 (1:09:08) | 4:41 (1:13:49) |
| | 5:47 (1:19:36) | 3:20 (1:22:56) | 4:12 (1:27:08) | 3:50 (1:30:58) | | |
| 13. | Viorel Miclea | | OK Sorø | | 1:33:18 +43:56 | |
| | 1:42 (1:42) | 2:01 (3:43) | 4:19 (8:02) | 3:44 (11:46) | 5:00 (16:46) | 3:32 (20:18) |
| | 3:02 (23:20) | 5:14 (28:34) | 1:59 (30:33) | 7:23 (37:56) | 5:13 (43:09) | 8:25 (51:34) |
| | 2:52 (54:26) | 8:00 (1:02:26) | 3:00 (1:05:26) | 4:42 (1:10:08) | 2:06 (1:12:14) | 3:57 (1:16:11) |
| | 5:41 (1:21:52) | 3:49 (1:25:41) | 4:43 (1:30:24) | 2:54 (1:33:18) | | |
| 14. | Ebbe Kajberg | | OK Sorø | | 2:15:37 +86:15 | |
| | 2:57 (2:57) | 2:01 (4:58) | 3:19 (8:17) | 5:42 (13:59) | 4:55 (18:54) | 13:53 (32:47) |
| | 4:10 (36:57) | 7:58 (44:55) | 2:20 (47:15) | 8:42 (55:57) | 5:40 (1:01:37) | 6:06 (1:07:43) |
| | 5:00 (1:12:43) | 6:22 (1:19:05) | 12:06 (1:31:11) | 5:19 (1:36:30) | 2:51 (1:39:21) | 5:19 (1:44:40) |
| | 16:22 (2:01:02) | 4:31 (2:05:33) | 6:58 (2:12:31) | 3:06 (2:15:37) | | |

Sort Lang D

| | | | (2 / 2) | | Tid | Efter |
|----|------------------------------|----------------|-----------------------|----------------|-----------------------|----------------|
| 1. | Tine Demandt | | OK Sorø | | 1:29:20 | |
| | 2:20 (2:20) | 1:35 (3:55) | 2:55 (6:50) | 6:29 (13:19) | 4:13 (17:32) | 2:53 (20:25) |
| | 2:25 (22:50) | 5:44 (28:34) | 4:56 (33:30) | 3:23 (36:53) | 5:24 (42:17) | 3:11 (45:28) |
| | 4:30 (49:58) | 2:57 (52:55) | 3:06 (56:01) | 3:11 (59:12) | 4:22 (1:03:34) | 9:49 (1:13:23) |
| | 3:27 (1:16:50) | 4:30 (1:21:20) | 3:37 (1:24:57) | 2:12 (1:27:09) | 2:11 (1:29:20) | |
| 2. | Tine Meyhoff Petersen | | Herlufsholm OK | | 1:42:11 +12:51 | |
| | 2:23 (2:23) | 2:05 (4:28) | 3:23 (7:51) | 9:29 (17:20) | 5:03 (22:23) | 3:28 (25:51) |
| | 2:51 (28:42) | 5:58 (34:40) | 6:42 (41:22) | 4:27 (45:49) | 5:42 (51:31) | 3:19 (54:50) |
| | 5:48 (1:00:38) | 3:33 (1:04:11) | 3:44 (1:07:55) | 4:06 (1:12:01) | 4:31 (1:16:32) | 6:01 (1:22:33) |
| | 3:54 (1:26:27) | 4:38 (1:31:05) | 5:18 (1:36:23) | 2:44 (1:39:07) | 3:04 (1:42:11) | |

Sort Lang H

| | | | (10 / 10) | | Tid | Efter |
|----|------------------------------|--------------|-------------------------|----------------|----------------------|--------------|
| 1. | Alex Ottesen | | Ballerup | | 53:16 | |
| | 1:09 (1:09) | 1:07 (2:16) | 2:06 (4:22) | 4:31 (8:53) | 2:12 (11:05) | 2:06 (13:11) |
| | 1:40 (14:51) | 3:16 (18:07) | 3:08 (21:15) | 2:13 (23:28) | 3:05 (26:33) | 1:43 (28:16) |
| | 2:46 (31:02) | 3:06 (34:08) | 1:56 (36:04) | 2:09 (38:13) | 2:55 (41:08) | 2:58 (44:06) |
| | 1:52 (45:58) | 2:02 (48:00) | 2:27 (50:27) | 1:14 (51:41) | 1:35 (53:16) | |
| 2. | Jens Jørgen Hansen | | JDRI | | 54:28 +1:12 | |
| | 1:02 (1:02) | 1:07 (2:09) | 2:08 (4:17) | 4:32 (8:49) | 2:24 (11:13) | 2:21 (13:34) |
| | 1:43 (15:17) | 3:32 (18:49) | 3:08 (21:57) | 2:19 (24:16) | 3:17 (27:33) | 2:05 (29:38) |
| | 3:08 (32:46) | 1:48 (34:34) | 2:07 (36:41) | 1:51 (38:32) | 2:37 (41:09) | 3:47 (44:56) |
| | 1:59 (46:55) | 2:03 (48:58) | 2:28 (51:26) | 1:21 (52:47) | 1:41 (54:28) | |
| 3. | Jørgen Pedersen | | ASF | | 1:00:21 +7:05 | |
| | 1:08 (1:08) | 1:03 (2:11) | 2:21 (4:32) | 5:03 (9:35) | 2:53 (12:28) | 2:19 (14:47) |
| | 1:37 (16:24) | 3:18 (19:42) | 3:15 (22:57) | 2:40 (25:37) | 3:43 (29:20) | 2:21 (31:41) |
| | 3:01 (34:42) | 2:41 (37:23) | 2:32 (39:55) | 3:12 (43:07) | 2:42 (45:49) | 3:26 (49:15) |
| | 2:01 (51:16) | 2:33 (53:49) | 2:57 (56:46) | 1:39 (58:25) | 1:56 (1:00:21) | |
| 4. | Brian Steen Jørgensen | | Holbæk OK | | 1:02:34 +9:18 | |
| | 5:56 (5:56) | 0:49 (6:45) | 1:59 (8:44) | 4:15 (12:59) | 2:17 (15:16) | 2:14 (17:30) |
| | 1:32 (19:02) | 3:30 (22:32) | 3:11 (25:43) | 2:17 (28:00) | 4:57 (32:57) | 2:42 (35:39) |
| | 2:59 (38:38) | 2:10 (40:48) | 2:06 (42:54) | 2:27 (45:21) | 2:49 (48:10) | 3:52 (52:02) |
| | 2:02 (54:04) | 2:22 (56:26) | 2:47 (59:13) | 1:23 (1:00:36) | 1:58 (1:02:34) | |
| 5. | Svend Christiansen | | DEN-PI-København | | 1:03:06 +9:50 | |
| | 1:57 (1:57) | 1:13 (3:10) | 2:37 (5:47) | 5:31 (11:18) | 2:56 (14:14) | 2:19 (16:33) |
| | 1:44 (18:17) | 3:30 (21:47) | 3:22 (25:09) | 3:04 (28:13) | 4:04 (32:17) | 3:11 (35:28) |
| | 3:05 (38:33) | 2:18 (40:51) | 2:17 (43:08) | 2:10 (45:18) | 2:37 (47:55) | 3:26 (51:21) |
| | 3:31 (54:52) | 2:15 (57:07) | 2:44 (59:51) | 1:19 (1:01:10) | 1:56 (1:03:06) | |

| | | | | | | |
|----|-------------------------|----------------|-----------------------|----------------|-----------------------|----------------|
| 6. | Morten Hass | | OK Sorø | | 1:05:43 +12:27 | |
| | 1:33 (1:33) | 1:39 (3:12) | 2:49 (6:01) | 5:30 (11:31) | 3:04 (14:35) | 2:47 (17:22) |
| | 2:11 (19:33) | 4:01 (23:34) | 3:44 (27:18) | 2:57 (30:15) | 4:14 (34:29) | 2:52 (37:21) |
| | 3:28 (40:49) | 2:18 (43:07) | 2:19 (45:26) | 2:10 (47:36) | 2:49 (50:25) | 3:32 (53:57) |
| | 2:13 (56:10) | 2:33 (58:43) | 3:15 (1:01:58) | 1:33 (1:03:31) | 2:12 (1:05:43) | |
| 7. | Søren Madsen | | OK Sorø | | 1:06:50 +13:34 | |
| | 1:15 (1:15) | 1:23 (2:38) | 2:40 (5:18) | 5:36 (10:54) | 2:54 (13:48) | 3:06 (16:54) |
| | 1:52 (18:46) | 3:56 (22:42) | 4:17 (26:59) | 2:47 (29:46) | 4:38 (34:24) | 2:24 (36:48) |
| | 3:11 (39:59) | 2:17 (42:16) | 3:01 (45:17) | 2:27 (47:44) | 3:16 (51:00) | 4:04 (55:04) |
| | 2:33 (57:37) | 2:25 (1:00:02) | 3:18 (1:03:20) | 1:25 (1:04:45) | 2:05 (1:06:50) | |
| 8. | Anders Knudsen | | Herlufsholm OK | | 1:09:14 +15:58 | |
| | 1:20 (1:20) | 1:09 (2:29) | 2:19 (4:48) | 5:17 (10:05) | 2:44 (12:49) | 2:46 (15:35) |
| | 2:12 (17:47) | 4:15 (22:02) | 4:28 (26:30) | 3:27 (29:57) | 5:14 (35:11) | 2:15 (37:26) |
| | 3:28 (40:54) | 2:44 (43:38) | 2:53 (46:31) | 2:22 (48:53) | 3:06 (51:59) | 4:28 (56:27) |
| | 2:42 (59:09) | 2:35 (1:01:44) | 3:36 (1:05:20) | 1:38 (1:06:58) | 2:16 (1:09:14) | |
| 9. | Henrik Mathiesen | | Herlufsholm OK | | 1:26:43 +33:27 | |
| | 1:41 (1:41) | 1:21 (3:02) | 4:06 (7:08) | 8:03 (15:11) | 4:35 (19:46) | 2:49 (22:35) |
| | 2:34 (25:09) | 5:34 (30:43) | 4:25 (35:08) | 3:10 (38:18) | 4:20 (42:38) | 2:11 (44:49) |
| | 4:19 (49:08) | 2:13 (51:21) | 2:59 (54:20) | 8:16 (1:02:36) | 3:45 (1:06:21) | 5:03 (1:11:24) |
| | 3:00 (1:14:24) | 3:08 (1:17:32) | 4:34 (1:22:06) | 2:21 (1:24:27) | 2:16 (1:26:43) | |
| | Søren Fertin | | Holbæk OK | | Fejlklip | |
| | 1:18 (1:18) | 1:18 (2:36) | 2:06 (4:42) | 7:34 (12:16) | 2:58 (15:14) | 2:10 (17:24) |
| | 1:49 (19:13) | 3:20 (22:33) | 3:27 (26:00) | 3:27 (29:27) | - (-) | - (33:00) |
| | 3:20 (36:20) | 1:51 (38:11) | 2:19 (40:30) | 1:58 (42:28) | 2:59 (45:27) | 3:48 (49:15) |
| | 2:14 (51:29) | 2:20 (53:49) | 3:00 (56:49) | 1:42 (58:31) | 1:54 (1:00:25) | |