

# Klubstartliste – Op/ned 24/09-23

2023-09-24

## Allerød OK

–	Andreas Bergmann	Beg	2725 m	Start 2	990822
–	Jesper Grooss	Beg	2725 m	Start 2	8038239
–	Agnes Habekost Nielsen	D12	3200 m	Start 2	504433
–	Dagmar Marager	D12	3200 m	Start 2	8033360
10:21	Man Wing	D20	7150 m	Start 1	8667718
10:07	Anna Habekost Nielsen	D20B	3875 m	Start 1	8333309
10:27	Anne Maarup	D21	7150 m	Start 1	8201951
10:45	Angélique Grønborg Rasmussen	D21	7150 m	Start 1	8005182
10:19	Kirsten Lange	D21B	3875 m	Start 1	1402990
10:27	Anja Niehues Birch	D21B	3875 m	Start 1	1428672
10:31	Marie Habekost Nielsen	D21B	3875 m	Start 1	302114
10:18	Hanne Rasmussen	D40	6500 m	Start 1	8633626
10:35	Katja Reibert Hansen	D45B	3875 m	Start 1	8662159
10:43	Marlene Marager	D45B	3875 m	Start 1	2086053
10:49	Majken Maarup	D45B	3875 m	Start 1	213967
10:03	Dorthe Munktvad	D50	5225 m	Start 1	8033373
10:11	Charlotte Bergmann	D50	5225 m	Start 1	8009101
10:17	Marianne T. Hasholt	D50	5225 m	Start 1	1402035
10:03	Birgitte Birck	D60	4400 m	Start 1	8626197
10:09	Maria Iben Sell-Petersen	D60	4400 m	Start 1	681760
10:19	Karen Wibe Enevoldsen	D60	4400 m	Start 1	8626187
–	Sidsel Rønnegaard Revsbech	D-Let	3200 m	Start 2	1502328
–	Ulla Place Petersen	D-Let	3200 m	Start 2	620803
–	Mads Storm Lyngsø	H12	3200 m	Start 2	308107
–	Sebastian Revsbech	H12	3200 m	Start 2	7040520
–	Alexander Juul Paustian	H12B	2725 m	Start 2	981612
–	August Niehues Birch	H12B	2725 m	Start 2	1428708
10:02	Henrik Kärner Grooss	H14	4775 m	Start 1	2049221
10:06	Oscar Niehues Birch	H14	4775 m	Start 1	8008527
10:04	Tore Emil Maarup	H16	6500 m	Start 1	8089688
10:28	Johannes Marager	H18	9075 m	Start 1	8626191
10:32	Erik Grønborg Nielsen	H18	9075 m	Start 1	8505433
10:36	Valdemar Marager	H20	9075 m	Start 1	8621059
10:40	Hans Grønborg Nielsen	H20	9075 m	Start 1	8664243
10:16	Rasmus Storm Lyngsø	H20B	4775 m	Start 1	8646091
10:50	Emil Olander Lorenz	H21	9075 m	Start 1	9005162
10:54	Jørgen Rolighed Thyme	H21	9075 m	Start 1	7640220
11:08	Theis Munktvad	H21	9075 m	Start 1	8255014
11:14	Steen T. Hasholt	H21	9075 m	Start 1	681772
10:20	Mads Anders Bergmann	H21B	4775 m	Start 1	8143222
10:38	Jesper Pedersen	H21B	4775 m	Start 1	1070762
10:48	Niels-Peter Vest Nielsen	H21B	4775 m	Start 1	8619433
10:59	Anders Marager	H40	7150 m	Start 1	8033382
11:03	Michael Ertmann	H40	7150 m	Start 1	8667118
11:09	Asger Habekost Nielsen	H40	7150 m	Start 1	8016663
11:15	Lars Lyngsø	H40	7150 m	Start 1	1406279
11:00	René Niehues Birch	H45B	4775 m	Start 1	1428681
11:06	Jan-Erik Revsbech	H45B	4775 m	Start 1	2000324
11:12	Peter Hilbert	H45B	4775 m	Start 1	9101041
10:22	Lars Munktvad	H50	6500 m	Start 1	8033363
10:28	Peter Reibert Hansen	H50	6500 m	Start 1	8290171
10:44	Jens Knud Maarup	H50	6500 m	Start 1	8016664
10:54	Lars Jensen	H50	6500 m	Start 1	981603
11:00	Jens Kristian Sørensen	H50	6500 m	Start 1	2086040
10:25	Troels Bent Hansen	H60	5225 m	Start 1	8664222
10:35	Henrik Wibe	H60	5225 m	Start 1	1406290
10:51	Dan Nielsen	H60	5225 m	Start 1	682240
10:23	Erik Sørensen	H70	4400 m	Start 1	887865
10:22	Sven Hedegaard	H80	3600 m	Start 1	682125
–	Christian Juul Paustian	H-Let	3200 m	Start 2	2000327
–	Lisbeth Reindel	H-Let	3200 m	Start 2	630611

**AMOK**

–	Finn Stausgaard	Åben 2	3900 m	Start 1	1162008
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**Ballerup OK**

–	Inge K. Kristoffersen	Beg	2725 m	Start 2	440894
–	Søren Saxtorph	Beg	2725 m	Start 2	246247
–	Andrea Hershøj-Hjorth	D12	3200 m	Start 2	302136
–	Amanda Hershøj-Hjorth	D14B	3200 m	Start 2	302137
11:32	Sofie Fakir Olsen	D20	7150 m	Start 1	249412
11:40	Anne Marie Thommesen	D21	7150 m	Start 1	7201389
11:50	Annette Bonde	D21	7150 m	Start 1	8667751
11:56	Karo Saxtorph Schulz	D21	7150 m	Start 1	1081100
11:40	Laura Saxtorph Schulz	D21B	3875 m	Start 1	1071002
11:44	Trine Hershøj	D21B	3875 m	Start 1	681773
11:48	Signe Tanja Vejgaard Andersen	D21B	3875 m	Start 1	8640555
11:52	Line Bisgaard	D21B	3875 m	Start 1	8008513
11:51	Ellen Kühn Jensen	D40	6500 m	Start 1	202087
11:59	Diana Cederberg	D40	6500 m	Start 1	8009298
11:56	Birte Langkilde	D45B	3875 m	Start 1	420163
12:04	Tina Ottesen	D45B	3875 m	Start 1	344160
11:35	Maria Krog Schulz	D50	5225 m	Start 1	8002525
11:41	Maiken Andersen	D50	5225 m	Start 1	8009114
11:47	Gitte Grauert	D50	5225 m	Start 1	8500989
11:38	Siri Klausen	D60	4400 m	Start 1	601221
11:48	Charlotte Grauert	D60	4400 m	Start 1	8009115
11:54	Hanne Frost	D60	4400 m	Start 1	1428720
11:32	Liselotte Andersen	D70	3600 m	Start 1	682126
11:36	Lisbeth Jensen	D70	3600 m	Start 1	302175
11:40	Kirsten Truelsen	D70	3600 m	Start 1	1406263
11:44	Bodil M. Mortensen	D70	3600 m	Start 1	1071096
–	Annette Petersen	D-Let	3200 m	Start 2	2083205
–	Johanne Lind	D-Let	3200 m	Start 2	8645166
–	Malthe Dalgaard Kristensen	H10	2725 m	Start 2	212232
–	Sirius Aabye	H10	2725 m	Start 2	443129
–	Anton Vejgaard Andersen	H12	3200 m	Start 2	249416
–	Noah Hjorth	H12	3200 m	Start 2	302188
11:33	Rune Cederberg	H14	4775 m	Start 1	202090
11:58	Bela Sebok	H21	9075 m	Start 1	8008519
12:08	Claus Cederberg	H21	9075 m	Start 1	8505432
12:12	Kasper Ingerslev	H21	9075 m	Start 1	8626195
12:30	Troels Christensen	H21	9075 m	Start 1	501268
11:43	Lasse Lybek Jensen	H21B	4775 m	Start 1	8667876
11:49	Niels Aabye	H21B	4775 m	Start 1	8002523
11:55	Jan Steen Jensen	H21B	4775 m	Start 1	2083204
11:59	Jacob Egholm	H21B	4775 m	Start 1	442567
12:02	Anders Vejgaard	H40	7150 m	Start 1	8640533
12:16	Henrik Seidelin Dam	H40	7150 m	Start 1	8657154
12:22	Ronnie Hjorth	H40	7150 m	Start 1	7000607
12:03	Pierre Skipper	H45B	4775 m	Start 1	2134118
12:09	Sten Vesterli	H45B	4775 m	Start 1	341274
12:19	Lars Bech Jensen	H45B	4775 m	Start 1	440295
12:03	Michael Nygaard Møller	H50	6500 m	Start 1	435303
12:07	Morten Ploug	H50	6500 m	Start 1	8505714
12:29	Alex Ottesen	H50	6500 m	Start 1	8089685
11:51	Lars Hanghøj Petersen	H60	5225 m	Start 1	1290555
12:01	Gregers Jørgensen	H60	5225 m	Start 1	8620940
12:09	Flemming Vejen	H60	5225 m	Start 1	420167
12:13	Michael Hjorth	H60	5225 m	Start 1	1170297
12:19	Kristen Bonnen	H60	5225 m	Start 1	1210290
12:00	Jan Kristoffersen	H70	4400 m	Start 1	8633623
12:08	Peter Nørgaard	H70	4400 m	Start 1	8050005
12:16	Jimmy Hoen	H70	4400 m	Start 1	2086036
11:48	Poul Gregersen	H80	3600 m	Start 1	1411619
11:52	Finn Hultengren	H80	3600 m	Start 1	308067
–	Jørgen Møller Nielsen	H-Let	3200 m	Start 2	2086066
–	Per Christoffersen	H-Let	3200 m	Start 2	1060586

## Farum OK

–	Bertram Beck Vitoft	Beg	2725 m	Start 2	241918
–	Ellen Frese Søderlund	Beg	2725 m	Start 2	600014
–	Evelin Jirásková	Beg	2725 m	Start 2	515442
–	Dasha Kapanadze	D10	2725 m	Start 2	1411135
–	Freja Beck Staugaard	D10	2725 m	Start 2	245022
–	Sara Semak Jensen	D10	2725 m	Start 2	887602
–	Emma Bredahl Telyakevych	D12	3200 m	Start 2	1411137
–	Linea Vedel Lange	D12	3200 m	Start 2	202012
–	Ella Lutterodt	D12B	2725 m	Start 2	241921
–	Ida Beck Staugaard	D12B	2725 m	Start 2	302120
–	Lily Fich	D12B	2725 m	Start 2	241922
10:01	Dana Kapanadze	D14	3875 m	Start 1	1411131
10:05	Nalini Kapanadze	D14	3875 m	Start 1	1411134
10:31	Vera Mullerova	D21	7150 m	Start 1	8016642
10:37	Line Frese Søderlund	D21	7150 m	Start 1	8505719
10:43	Freja Karlsmose Kliem	D21	7150 m	Start 1	331255
10:49	Masha Semak	D21	7150 m	Start 1	1410792
10:11	Susanne Vedel Hjuler	D21B	3875 m	Start 1	202014
10:15	Lærke Djurhuus Ipsen	D21B	3875 m	Start 1	431016
10:23	Ida Vedel Lange	D21B	3875 m	Start 1	202015
10:29	Helena Isabel Mora-Jensen	D21B	3875 m	Start 1	241927
10:06	Irina Kupriyanova	D40	6500 m	Start 1	8635827
10:14	Marianne Holm	D40	6500 m	Start 1	8640269
10:20	Anna Telyakevych	D40	6500 m	Start 1	8657165
10:39	Susanne Christiansen	D45B	3875 m	Start 1	1401489
10:45	Karin Lomholt Finnemann	D45B	3875 m	Start 1	1421726
10:07	Lise Djurhuus Ipsen	D50	5225 m	Start 1	8130868
10:13	Bodil Karlsmose Kliem	D50	5225 m	Start 1	348377
10:19	Mette Hørlyk Friis	D50	5225 m	Start 1	1421712
10:05	Kit Lang Jørgensen	D60	4400 m	Start 1	8002542
10:11	Annlou Husen	D60	4400 m	Start 1	8645157
10:17	Anette Holm	D60	4400 m	Start 1	8657114
–	Camilla Staugaard	D-Let	3200 m	Start 2	241916
–	Cecilie Vitoft	D-Let	3200 m	Start 2	241915
–	Jette Lønstrup Ammitzbøll	D-Let	3200 m	Start 2	2213063
–	Katya Kandybei	D-Let	3200 m	Start 2	241912
–	Natalia Kandybei	D-Let	3200 m	Start 2	1411148
–	Rikke Søndergaard	D-Let	3200 m	Start 2	1411138
–	Ilijah Ahmt Telyakevych	H10	2725 m	Start 2	1411136
–	Oscar Holm	H10	2725 m	Start 2	40499
–	Viktor Tougaard Hildebrandt	H10	2725 m	Start 2	1411144
–	Vitus Bo Søndergaard	H10	2725 m	Start 2	1411139
–	Lauge Vogelius	H12	3200 m	Start 2	308113
–	Max-Emil Kupriyanov Hviid	H12	3200 m	Start 2	1411145
–	Adrian Kuprianov Hviid	H12B	2725 m	Start 2	1411140
–	Theodor Vedel Lange	H12B	2725 m	Start 2	202016
–	Vilfred Beck Vitoft	H12B	2725 m	Start 2	241914
10:00	Denys Kandybei	H14	4775 m	Start 1	1411132
–	Albert Tougaard Hildebrandt	H14B	3200 m	Start 2	1411143
10:00	Anton Kupriyanov Hviid	H16	6500 m	Start 1	8662160
10:38	Malte Karlsmose Kliem	H20	9075 m	Start 1	1416416
10:12	Asger Lønstrup Ammitzbøll	H20B	4775 m	Start 1	2213065
10:48	Robert Kovacs	H21	9075 m	Start 1	8400098
10:56	Malthe Gaarsdal	H21	9075 m	Start 1	8654958
11:04	Yevhen Kandybey	H21	9075 m	Start 1	1411133
11:12	Steen Stausholm	H21	9075 m	Start 1	8628467
11:18	Mikkel Lyskjær	H21	9075 m	Start 1	8640529
10:22	Anders Bo Søndergaard	H21B	4775 m	Start 1	241920
10:26	Mikkel Frese Søderlund	H21B	4775 m	Start 1	1012449
10:30	Jesper Langholm	H21B	4775 m	Start 1	1411146
10:36	Frederik Beck-Andersen	H21B	4775 m	Start 1	241917
10:42	Jesper Tidsvilde Hildebrandt	H21B	4775 m	Start 1	241929
10:46	Sigurd Lønstrup Ammitzbøll	H21B	4775 m	Start 1	2213064
10:53	Ivan Vogelius	H40	7150 m	Start 1	308114
11:11	Brian Lomholt Jensen	H40	7150 m	Start 1	681769
11:17	Rasmus Holm	H40	7150 m	Start 1	8620944

10:50	Jens Behrend	H45B	4775 m	Start 1	500443
10:58	Ole Gold	H45B	4775 m	Start 1	308062
11:04	Torben Christensen	H45B	4775 m	Start 1	241923
11:08	Erik Vedel Lange	H45B	4775 m	Start 1	1502325
11:14	Jens Korsholm	H45B	4775 m	Start 1	8667872
10:24	Thomas Thilo	H50	6500 m	Start 1	8143223
10:30	Benny Lønstrup Ammitzbøll	H50	6500 m	Start 1	2213062
10:36	John Hørlyk	H50	6500 m	Start 1	1421713
10:40	Jesper Jensen	H50	6500 m	Start 1	8009137
10:46	Tore Hulgaard	H50	6500 m	Start 1	8657146
10:52	Jørgen Finnemann	H50	6500 m	Start 1	1421725
10:56	René E. Viem	H50	6500 m	Start 1	241930
10:23	Helge Lang Pedersen	H60	5225 m	Start 1	8033357
10:31	Klaus Nielsen	H60	5225 m	Start 1	1408242
10:37	Pablo Jensen	H60	5225 m	Start 1	8008521
10:43	Lars Vedel Jørgensen	H60	5225 m	Start 1	1450238
10:49	Jens Jørgen Hansen	H60	5225 m	Start 1	8307008
10:27	Peter Reinholdt	H70	4400 m	Start 1	239213
10:33	Peter Sidenius	H70	4400 m	Start 1	362425
10:37	Ole Christiansen	H70	4400 m	Start 1	8180700
10:43	Kai Beck-Andersen	H70	4400 m	Start 1	2119100
10:10	Jørgen Lund-Hansen	H80	3600 m	Start 1	216722
10:18	Holger Karlsmose	H80	3600 m	Start 1	8620687
10:26	Bendt Frandsen	H80	3600 m	Start 1	8009296
–	Jakob Djurhuus Ipsen	H-Let	3200 m	Start 2	241919
–	Kristian Ipsen	H-Let	3200 m	Start 2	431192

**FIF Hillerød**

–	Frederik Holm Splittorff	Åben 1	6250 m	Start 1	2213992
–	Michael Splittorff	Åben 1	6250 m	Start 1	2213991
–	Søren Sloth	Åben 1	6250 m	Start 1	8500981
–	Annelise Hansen	Åben 2	3900 m	Start 1	9201766
–	Betty Folino	Åben 2	3900 m	Start 1	2065734
–	Emil Olesen	Åben 2	3900 m	Start 1	8505430
–	Eva Konring Olesen	Åben 2	3900 m	Start 1	8505429
–	Henning Løwenstein	Åben 2	3900 m	Start 1	202355
–	Jens Høgsfeldt	Åben 2	3900 m	Start 1	8033388
–	Mads Vindegaard	Åben 3	3800 m	Start 1	202067

**Fredensborg OK**

–	Max Prang	Åben 1	6250 m	Start 1	8620730
–	Jørn Mouritzen	Åben 2	3900 m	Start 1	1402981

**FSK Orientering**

–	Kurt Thuesen	Åben 1	6250 m	Start 1	2049952
–	Lars Basballe	Åben 1	6250 m	Start 1	501140
–	Leif Pedersen	Åben 1	6250 m	Start 1	2112887

**Helsingør SOK**

–	Carsten Thye Agger	Åben 1	6250 m	Start 1	8510335
–	Jørgen Jensen	Åben 2	3900 m	Start 1	8016657
–	Mette Seir Hansen	Åben 2	3900 m	Start 1	8645172

**Holbæk OK**

–	Liv Dahlia Kantsø Frost	Beg	2725 m	Start 2	2127798
–	Tanja Fjelbro Klavsen	Beg	2725 m	Start 2	1417320
–	Lærke Bellis Kantsø Frost	D10	2725 m	Start 2	2127796
–	Tilde Kjeldgaard	D10	2725 m	Start 2	2127795
–	Annika Kalle Pedersen	D12	3200 m	Start 2	2127794
–	Vigga Petersen	D12	3200 m	Start 2	2127792
–	Freja Kjeldgaard	D12B	2725 m	Start 2	2127791
–	Marta Buchwald	D12B	2725 m	Start 2	2127788
–	Kaya Justesen	D14B	3200 m	Start 2	2127787
10:01	Astrid Rosa Husted Sigvardsen	D16	5225 m	Start 1	202017
10:19	Katrine Jentoft Fertin	D18	7150 m	Start 1	1419980
10:23	Elena Ingleby	D20	7150 m	Start 1	1110274
10:29	Pernille Buchwald	D21	7150 m	Start 1	2127785
10:35	Jytte Jørgensen	D21	7150 m	Start 1	8657119
10:41	Anette Kalle Larsen	D21	7150 m	Start 1	8621025

10:51	Lene Justesen	D21	7150 m	Start 1	2127786
10:13	Ann-Sofie Jentoft Fertin	D21B	3875 m	Start 1	681842
10:21	Sebrina Fredslund Mejlkjær	D21B	3875 m	Start 1	2127783
10:33	Freja Frost	D21B	3875 m	Start 1	435348
10:08	Anette Lindegaard Christensen	D40	6500 m	Start 1	8519488
10:12	Karin Ingleby	D40	6500 m	Start 1	8217699
10:16	Astrid Riis	D40	6500 m	Start 1	8003750
10:51	Malene Lysgaard-Hansen	D45B	3875 m	Start 1	8002541
10:05	Pernille Kaltoft	D50	5225 m	Start 1	2127782
10:21	Bente Frydendal Jensen	D50	5225 m	Start 1	302107
10:13	Annemette El-Azem	D60	4400 m	Start 1	888491
10:21	Bodil Klavsen	D60	4400 m	Start 1	239932
–	Anni Lauritzen	D-Let	3200 m	Start 2	778809
–	Frida Petersen	D-Let	3200 m	Start 2	2127781
–	Sara Faxøe Larsen	D-Let	3200 m	Start 2	421774
–	Anton Kjeldgaard	H10	2725 m	Start 2	2127820
–	Noah kniesek	H10	2725 m	Start 2	2127819
–	Oskar Kjeldgaard	H10	2725 m	Start 2	2127818
–	William Justesen	H12	3200 m	Start 2	2127816
–	Alexander Saraz	H12B	2725 m	Start 2	2127810
–	Emil Fredslund Mejlkjær	H12B	2725 m	Start 2	2127808
–	Lauge Buchwald	H12B	2725 m	Start 2	2127807
10:04	Lasse Kalle Pedersen	H14	4775 m	Start 1	8645144
10:08	Asger Sohl Eriksen	H14	4775 m	Start 1	2127801
–	Caspian Bo Christensen	H14B	3200 m	Start 2	9101045
–	Silas Thomsen	H14B	3200 m	Start 2	2127804
10:34	Viktor Pedersen	H20	9075 m	Start 1	2127803
10:44	Henrik Fabricius Buchwald	H21	9075 m	Start 1	2127802
10:58	Christian Larsen	H21	9075 m	Start 1	422485
11:02	Martin Petersen	H21	9075 m	Start 1	8003265
11:20	Bjørn Slott Kantsø	H21	9075 m	Start 1	435349
10:24	Pierre Husted Sigvardsen	H21B	4775 m	Start 1	239235
10:32	Andreas Wiwel Budtz	H21B	4775 m	Start 1	1393181
10:40	Anton Lauritzen	H21B	4775 m	Start 1	778808
10:57	Steen Gregers Ellebæk Donovan	H40	7150 m	Start 1	1393186
11:05	Brian Steen Jørgensen	H40	7150 m	Start 1	8670534
11:19	Finn Skouenborg	H40	7150 m	Start 1	1416979
10:54	Christian Schiønning	H45B	4775 m	Start 1	1393187
11:02	Anders Kjeldgaard	H45B	4775 m	Start 1	8510911
11:10	Rune Faxøe Larsen	H45B	4775 m	Start 1	2117592
10:32	Søren Fertin	H50	6500 m	Start 1	922013
10:38	Søren Klinkby	H50	6500 m	Start 1	896951
10:48	Bjark Bo Christensen	H50	6500 m	Start 1	8003965
10:27	Henrik Nielsen	H60	5225 m	Start 1	8022398
10:33	Jan Thiesen	H60	5225 m	Start 1	8009306
10:39	Bent Jensen	H60	5225 m	Start 1	8631598
10:47	Preben Klavsen	H60	5225 m	Start 1	8640541
10:31	Johnny Hansen Boonserm	H70	4400 m	Start 1	2153445
10:39	Finn Hyllegaard	H70	4400 m	Start 1	344835
10:14	Mogens Jensen	H80	3600 m	Start 1	8667790
–	August Bo Christensen	H-Let	3200 m	Start 2	1393188
–	Gabriel Bo Christensen	H-Let	3200 m	Start 2	1393189
–	Jacob Fredslund Mejlkjær	H-Let	3200 m	Start 2	1393190

**Køge OK**

–	Emil Kaiser	Åben 3	3800 m	Start 1	344955
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**Lyngby OK**

–	Henrik Albahn	Åben 1	6250 m	Start 1	888950
–	Rasmus Skovhede Hviid	Åben 1	6250 m	Start 1	9005294

**OK Roskilde**

–	Linda Østberg	Beg	2725 m	Start 2	250079
–	Agnes Dyrhund Pedersen	D12	3200 m	Start 2	1110910
–	Ellen Dyrhund Pedersen	D12	3200 m	Start 2	1202009
–	Alice Lugia	D12B	2725 m	Start 2	7010348
–	Helene Christiansen	D14B	3200 m	Start 2	355560
–	Kirstine Christiansen	D14B	3200 m	Start 2	355561
11:36	Teresa Søndergaard Pohl	D20B	3875 m	Start 1	8050706

11:38	Bodil Pallisgaard	D21	7150 m	Start 1	7202760
11:46	Karoline Fonager Ulsøe	D21	7150 m	Start 1	445013
11:54	Tonje Pihl	D21	7150 m	Start 1	1422372
11:42	Alice Ørum Bertelsen	D21B	3875 m	Start 1	343399
11:46	Annette Petersen	D21B	3875 m	Start 1	8130654
11:58	Birthe Nielsen	D45B	3875 m	Start 1	2213990
12:02	Kirsten Lindemann	D45B	3875 m	Start 1	440195
11:43	Jytte Hougaard	D50	5225 m	Start 1	421553
11:49	Runa Ulsøe	D50	5225 m	Start 1	421564
11:32	Jette Kreiberg	D60	4400 m	Start 1	8130457
11:36	Hanne Pedersen	D60	4400 m	Start 1	202064
11:40	Inger Jessen	D60	4400 m	Start 1	8501709
11:46	Leni Møllsøe	D60	4400 m	Start 1	202034
11:30	Ane Veierskov	D70	3600 m	Start 1	1106041
11:38	Inge Jørgensen	D70	3600 m	Start 1	8089676
–	Angela Bourne	D-Let	3200 m	Start 2	8010904
–	Bente Pihl	D-Let	3200 m	Start 2	302043
–	Lotte Thiesen	D-Let	3200 m	Start 2	2216179
–	Sine Dyrlund Pedersen	D-Let	3200 m	Start 2	421775
–	Lau Lindemann	H10	2725 m	Start 2	2216180
–	Moritz Søndergaard Pohl	H10	2725 m	Start 2	4660068
12:04	Søren Jessen	H21	9075 m	Start 1	8501990
12:16	Søren Juhlin	H21	9075 m	Start 1	2159195
12:20	Kristian Jager Nykrog	H21	9075 m	Start 1	355564
12:26	Frederik Grue-Sørensen	H21	9075 m	Start 1	8130876
11:51	Thorkild Franck	H21B	4775 m	Start 1	1502333
11:57	Anders Laage Kragh	H21B	4775 m	Start 1	7620623
12:01	Martin Vaabengaard	H21B	4775 m	Start 1	7209259
11:58	Casper Lindemann	H40	7150 m	Start 1	434108
12:06	Peter Mørup Jansen	H40	7150 m	Start 1	407750
12:14	Mads Pedersen	H40	7150 m	Start 1	553549
12:05	Jesper Allan Jensen	H45B	4775 m	Start 1	8657115
12:11	Olav M.J. Christiansen	H45B	4775 m	Start 1	355572
12:17	Karsten Hjorth	H45B	4775 m	Start 1	2128805
12:21	Ole R Frederiksen	H45B	4775 m	Start 1	1428682
12:01	Jørgen Krogh	H50	6500 m	Start 1	967703
12:09	Martin Østberg	H50	6500 m	Start 1	250078
12:21	Jakob Søndergaard Jensen	H50	6500 m	Start 1	8220476
12:27	Allan Søgaard	H50	6500 m	Start 1	8051073
11:53	Kent Pihl	H60	5225 m	Start 1	1422371
11:57	Asger Jensen	H60	5225 m	Start 1	302055
12:05	Morten Jensen	H60	5225 m	Start 1	8506678
12:11	Michael Leth Jess	H60	5225 m	Start 1	1241908
12:21	Henrik Skovmark Hansen	H60	5225 m	Start 1	246470
11:56	Janne Brunstedt	H70	4400 m	Start 1	8230548
12:02	John Tripax	H70	4400 m	Start 1	8016644
12:06	Lars Olsen	H70	4400 m	Start 1	202045
12:12	Ole Bøggild	H70	4400 m	Start 1	7194612
12:18	Mogens Bruun	H70	4400 m	Start 1	2221997
12:22	Finn Petersen	H70	4400 m	Start 1	8021053
11:50	Ole Svendsen	H80	3600 m	Start 1	501138
–	Henrik Boesen	H-Let	3200 m	Start 2	421555
–	Jan Lindemann	H-Let	3200 m	Start 2	444570
–	Keld S. Mortensen	H-Let	3200 m	Start 2	443308

**OK Sorø**

–	Nønne Schou Christensen	Beg	2725 m	Start 2	7171066
–	Viktoria Sharpe á Argjahøvda	D10	2725 m	Start 2	2442589
–	Carla Schou Christensen	D12	3200 m	Start 2	8640262
–	Ingrid Baun Gautier	D12	3200 m	Start 2	415566
11:30	Wilma Heegaard Boe-Hansen	D14	3875 m	Start 1	8631590
11:30	Clara Friis Scheby	D20	7150 m	Start 1	8515237
11:34	Sofie Okkels Jensen	D20B	3875 m	Start 1	8625627
11:38	Iris Møller	D20B	3875 m	Start 1	2061213
11:34	Mette Riis Jensen	D21	7150 m	Start 1	1416975
11:42	Henriette Baun Gautier	D21	7150 m	Start 1	8210885
11:48	Lærke Vejsnæs	D21	7150 m	Start 1	8635835
11:52	Emma Bloch Frandsen	D21	7150 m	Start 1	9160301

11:54	Silje Nymoens Karlsen	D21B	3875 m	Start 1	2213982
11:49	Maja Maria Zwolinska	D40	6500 m	Start 1	2049208
11:53	Sanne Ifversen Hansen	D40	6500 m	Start 1	8001713
11:57	Anja Rasmussen	D40	6500 m	Start 1	1110916
12:00	Marianne Dahl	D45B	3875 m	Start 1	430048
11:33	Nina Okkels	D50	5225 m	Start 1	1410795
11:39	Anne Bloch Frandsen	D50	5225 m	Start 1	8180268
11:45	Merete Kleist	D50	5225 m	Start 1	2119728
11:30	Tine Demandt	D60	4400 m	Start 1	7160259
11:42	Søs Munch Hansen	D60	4400 m	Start 1	2083201
11:52	Mette Filskov	D60	4400 m	Start 1	8658641
–	Liv Sharpe á Argjahøvda	D-Let	3200 m	Start 2	2442580
–	Alexander Nymoens Nielsen	H10	2725 m	Start 2	2153442
–	Holger Baun Gautier	H10	2725 m	Start 2	8100983
–	Otto Baun Gautier	H10	2725 m	Start 2	250036
–	Liam Sharpe á Argjahøvda	H12	3200 m	Start 2	8180811
11:31	Konrad Vestergaard Karnøe	H14	4775 m	Start 1	446261
11:35	Adam Holst Friborg	H14	4775 m	Start 1	8237684
11:45	Gustav Holst Friborg	H16	6500 m	Start 1	8666082
11:56	Tobias Høhne	H20	9075 m	Start 1	1413387
11:39	Sofus Schou Christensen	H20B	4775 m	Start 1	8631602
12:00	Thomas Vejsnæs	H21	9075 m	Start 1	804244
12:06	Peter Hansen	H21	9075 m	Start 1	500644
12:10	Hubert Schibbsbye Møller	H21	9075 m	Start 1	8008533
12:18	Gustav Moll	H21	9075 m	Start 1	2065735
12:24	Lars Sharpe á Argjahøvda	H21	9075 m	Start 1	7700330
12:28	Janus Storland Høhne	H21	9075 m	Start 1	8625624
11:45	Rasmus Schou Christensen	H21B	4775 m	Start 1	8631617
11:53	Rasmus Lund	H21B	4775 m	Start 1	7202756
12:00	Jan Koue Larsen	H40	7150 m	Start 1	7040513
12:04	Kenneth Thomsen	H40	7150 m	Start 1	8640530
12:10	Kasper Levring	H40	7150 m	Start 1	2061673
12:20	Henrik Vestergaard Karnøe	H40	7150 m	Start 1	9820121
12:07	Stig Møller	H45B	4775 m	Start 1	1410794
12:15	Jens Frandsen	H45B	4775 m	Start 1	1110664
12:23	Jens Lerche Mortensen	H45B	4775 m	Start 1	216728
12:05	Jesper Munch Jespersen	H50	6500 m	Start 1	8620952
12:11	Kristian Kærsgaard Hansen	H50	6500 m	Start 1	8190346
12:15	Morten Hass	H50	6500 m	Start 1	504395
12:19	Kåre Sørensen	H50	6500 m	Start 1	1406280
12:25	Søren Madsen	H50	6500 m	Start 1	1421506
11:59	Knud Madsen	H60	5225 m	Start 1	308188
12:07	Jan Sørensen	H60	5225 m	Start 1	9102278
12:15	Thomas Henmyr	H60	5225 m	Start 1	600812
12:25	Hans-Ole Jensen	H60	5225 m	Start 1	308187
11:58	Steen Lund	H70	4400 m	Start 1	1021012
12:04	Ebbe Kajberg	H70	4400 m	Start 1	8515243
12:10	Flemming Olsen	H70	4400 m	Start 1	7300389
11:54	Ole Ring	H80	3600 m	Start 1	501133

**OK ØST Birkerød**

–	Erik Lohse	Beg	2725 m	Start 2	2128798
–	Peter Sønderbo	Beg	2725 m	Start 2	234448
–	Søren Bjørnøen	Beg	2725 m	Start 2	8120444
–	Elisabeth Lohfert Boas	D10	2725 m	Start 2	302108
–	Maja Thorslund Pedersen	D12B	2725 m	Start 2	2086067
11:31	Nora Sophie Graasbøl Ødum	D16	5225 m	Start 1	249642
11:36	Marie Erskov Krogh	D21	7150 m	Start 1	1401717
11:44	Pernille Sommer	D21	7150 m	Start 1	8645165
11:50	Signe Elin Gram	D21B	3875 m	Start 1	2216183
11:47	Ida Mosbech Smith	D40	6500 m	Start 1	2074609
11:55	Helle Holm Clausen	D40	6500 m	Start 1	9005161
11:37	Birgitte Erskov Halland	D50	5225 m	Start 1	1413373
11:34	Kirsten Nymann Petersen	D60	4400 m	Start 1	8009139
11:44	Lisa Tantholdt	D60	4400 m	Start 1	1402987
11:50	Karen Jensen	D60	4400 m	Start 1	263572
11:34	Ulla Hooge	D70	3600 m	Start 1	1403124
11:42	Janet Bentzen	D70	3600 m	Start 1	500180

–	Inge Josiasen	D-Let	3200 m	Start 2	245032
–	Kirsten Brunstedt	D-Let	3200 m	Start 2	8130748
–	Pernille Brunstedt Jacobsen	D-Let	3200 m	Start 2	8281277
–	Isak Graasbøl Ødum	H12	3200 m	Start 2	500178
–	Lasse Brunstedt Jacobsen	H12	3200 m	Start 2	8210812
11:37	Alexander Johannes Mosbech Smith	H14	4775 m	Start 1	2134103
12:02	Emil Mejlhede Kinslev	H21	9075 m	Start 1	7500274
12:14	Michael Sørensen	H21	9075 m	Start 1	8180977
12:22	Rune Aagaard Lohfert Boas	H21	9075 m	Start 1	8646073
11:41	Ul Christensen	H21B	4775 m	Start 1	408939
11:47	Jens Bentsen	H21B	4775 m	Start 1	8009124
12:08	Jan Jakobsen	H40	7150 m	Start 1	202007
12:12	Lars Sørensen	H40	7150 m	Start 1	1402998
12:18	Roland Dumong	H40	7150 m	Start 1	8512039
12:13	Per Windfeld-Hansen	H45B	4775 m	Start 1	8631626
12:25	Thomas Østergaard	H45B	4775 m	Start 1	8640545
12:13	Lars Thorslund	H50	6500 m	Start 1	8143221
12:17	Bjarne Topp	H50	6500 m	Start 1	8646095
12:23	Jakob Ødum	H50	6500 m	Start 1	8201941
11:55	Stephen Hall Reusch	H60	5225 m	Start 1	1421523
12:03	Peter Krogh	H60	5225 m	Start 1	1401719
12:17	Jens Peter Gundorf	H60	5225 m	Start 1	8631614
12:23	Erik Ellegaard Simonsen	H60	5225 m	Start 1	8512017
12:14	Per Mogens Petersen	H70	4400 m	Start 1	682235
12:20	Svend Tantholdt	H70	4400 m	Start 1	1401724
12:24	Tage V. Andersen	H70	4400 m	Start 1	8664231
11:46	Ellis Byrgiel Sommer	H80	3600 m	Start 1	8033386
–	Johan Holkmann Jacobsen	H-Let	3200 m	Start 2	500194
–	Lasse Schnack	H-Let	3200 m	Start 2	1410800

**OK73**

–	Bent Johansen	Åben 2	3900 m	Start 1	439759
–	Camilla Bøgevig Larkai	Åben 2	3900 m	Start 1	1402038
–	Ulla Valnert	Åben 2	3900 m	Start 1	302193
–	Bent Mortensen	Åben 5	3525 m	Start 1	2221994

**Søllerød OK**

–	Anders Jonsson	Åben 1	6250 m	Start 1	7003435
–	Frede Lillelund	Åben 1	6250 m	Start 1	8664232
–	Henrik Kleffel	Åben 2	3900 m	Start 1	9111254
–	Iben Maag	Åben 2	3900 m	Start 1	8719060
–	Kaj Rostvad	Åben 2	3900 m	Start 1	8631595
–	Niels Raagaard	Åben 2	3900 m	Start 1	1407799
–	Ole Berner	Åben 2	3900 m	Start 1	889253
–	Jette Stepputat	Åben 5	3525 m	Start 1	250039

**THOK**

–	Dorte Aagaard	Beg	2725 m	Start 2	437088
–	Harald Andersen	Beg	2725 m	Start 2	331610
–	Nina Valery	Beg	2725 m	Start 2	2136658
–	Karla Gerstrøm	D10	2725 m	Start 2	2136652
–	Edith Gerstrøm	D12	3200 m	Start 2	2136657
–	Annabella Rohrberg-Thomsen	D14B	3200 m	Start 2	2105170
10:25	Erin Nielsen	D21	7150 m	Start 1	8635864
10:33	Mathilde Nørgård Kracht	D21	7150 m	Start 1	8081996
10:39	Tenna Nørgaard Landsperg	D21	7150 m	Start 1	9200542
10:47	Line Cederberg	D21	7150 m	Start 1	971212
10:09	Mette Vejen Eriksen	D21B	3875 m	Start 1	8667861
10:17	Jannie Rohrberg-Thomsen	D21B	3875 m	Start 1	2137251
10:25	Amalie Wraa	D21B	3875 m	Start 1	1402964
10:10	Christina H. Sørensen	D40	6500 m	Start 1	2065758
10:37	Lene Mathiasen	D45B	3875 m	Start 1	2136650
10:41	Lene Øbro	D45B	3875 m	Start 1	2058312
10:47	Christina Lyng Andersen	D45B	3875 m	Start 1	1408235
10:09	Bente Madsen	D50	5225 m	Start 1	8250259
10:15	Marianne Kirkegaard	D50	5225 m	Start 1	899045
10:01	Birgitte Wraa	D60	4400 m	Start 1	302080
10:07	Lena Wraa	D60	4400 m	Start 1	8143245
10:15	Inger Kirkegaard	D60	4400 m	Start 1	8201928



10:00	Aase Neregaard	D70	3600 m	Start 1	202018
10:04	Inger Landsperg	D70	3600 m	Start 1	8023807
10:08	Margit Ulmer	D70	3600 m	Start 1	8030953
–	Anne Grete Swainson	D-Let	3200 m	Start 2	239757
–	Hanne Svensson	D-Let	3200 m	Start 2	2136648
–	Maria Weber	D-Let	3200 m	Start 2	2137256
–	Nina Sommer	D-Let	3200 m	Start 2	2137255
–	Theis Nielsen	H10	2725 m	Start 2	2137258
–	Sigurd Nielsen	H12	3200 m	Start 2	1013322
–	Victor Nielsen	H12	3200 m	Start 2	250074
–	Luca Sommer	H12B	2725 m	Start 2	2137254
–	Eigil Gerstrøm	H14B	3200 m	Start 2	2137262
10:02	William Nielsen	H16	6500 m	Start 1	441833
10:30	Asbjørn Vejen Eriksen	H18	9075 m	Start 1	8667871
10:42	Tobias Olloz	H20	9075 m	Start 1	8061104
10:10	Mathias Hansen Lindboe	H20B	4775 m	Start 1	2137268
10:14	Sebastian Hansen Lindboe	H20B	4775 m	Start 1	2137266
10:18	Albert Nørgaard Landsperg	H20B	4775 m	Start 1	899039
10:46	Lasse Falck Weber	H21	9075 m	Start 1	8046100
10:52	Björn Cederberg	H21	9075 m	Start 1	950722
11:00	Jonas Falck Weber	H21	9075 m	Start 1	8143244
11:06	George Mavchun	H21	9075 m	Start 1	8303044
11:10	Casper Wraa	H21	9075 m	Start 1	899997
11:16	Emil Øbro	H21	9075 m	Start 1	8002538
10:28	Andreas Duc Jørgensen	H21B	4775 m	Start 1	8627649
10:34	Erik Pilemand	H21B	4775 m	Start 1	2105154
10:44	Rudi Kjeldsen	H21B	4775 m	Start 1	2105164
10:55	Thomas Greve Jensen	H40	7150 m	Start 1	8572019
11:01	Peter Steen Landsperg	H40	7150 m	Start 1	8500979
11:07	Jakob Landsperg	H40	7150 m	Start 1	9200543
11:13	Rasmus Nielsen	H40	7150 m	Start 1	8645451
10:52	Louise Wraa-Hansen	H45B	4775 m	Start 1	249658
10:56	Dennis Øbro	H45B	4775 m	Start 1	8500976
11:16	Ulrik Pilemand	H45B	4775 m	Start 1	2105165
10:26	Rolf Valery	H50	6500 m	Start 1	8033390
10:34	Tim Falck Weber	H50	6500 m	Start 1	8143233
10:42	Jakob Albahn	H50	6500 m	Start 1	8506685
10:50	Sten Skytte Kirkegaard	H50	6500 m	Start 1	8635894
10:58	Jesper David Jensen	H50	6500 m	Start 1	8482019
10:29	Ole Jensen	H60	5225 m	Start 1	8657158
10:41	Peter Wraa	H60	5225 m	Start 1	8664225
10:45	Poul Henning Poulsen	H60	5225 m	Start 1	8633609
10:25	Keld Johnsen	H70	4400 m	Start 1	8201150
10:29	Ole Galle	H70	4400 m	Start 1	8509013
10:35	Klaus Olsen	H70	4400 m	Start 1	8638413
10:41	Niels Landsperg	H70	4400 m	Start 1	8111644
10:12	Egon Neregaard	H80	3600 m	Start 1	551438
10:16	Kurt Valery	H80	3600 m	Start 1	8201926
10:20	Holger Hansen	H80	3600 m	Start 1	501132
10:24	Poul Hansen	H80	3600 m	Start 1	2105166
–	Dan Eriksen	H-Let	3200 m	Start 2	8667858
–	Dolfi Rotovnik	H-Let	3200 m	Start 2	8243148
–	Lisa Kjer Andersen	H-Let	3200 m	Start 2	2105167
–	Niels Pilemand	H-Let	3200 m	Start 2	2105168